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Food & Farm **GUIDE**

SPRING 2018





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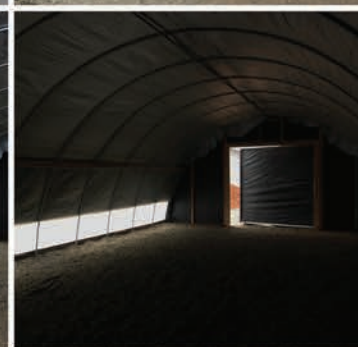
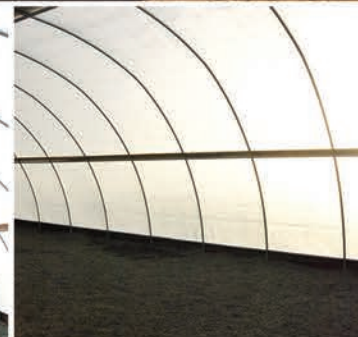
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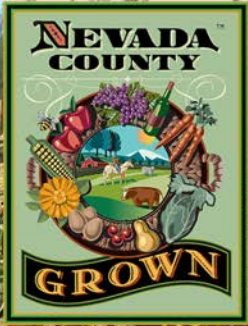
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TIME FRAME: April 14 – November 17

HIGHLIGHTS

- Live Music
- Historic Tours
- Gourmet Coffee
- Breakfast & Lunch
- Children's Art Programs

TUESDAYS **HORSEMEN'S LODGE** **BRUNSWICK**

WHEN: Tuesdays 9:00am - 1:00pm
WHERE: 10600 Bubbling Wells, Grass Valley
TIME FRAME: May 1 – October 30

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THURSDAYS **W. GATEWAY PARK** **PENN VALLEY**

WHEN: Thursdays 9:00am - 1:00pm
WHERE: 18560 Penn Valley Dr., Penn Valley
TIME FRAME: May 3 – November 1

WIC and EBT accepted

www.TheGrowersMarket.com (530) 265-5551

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Food & FarmGUIDE

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BREAKING GROUND ON A NEW SEASON

For almost 12 years Nevada County Grown has celebrated our local foodshed by promoting our food producers, raising awareness of our rural ecology, and providing resources for our agricultural community. With the 2018 season upon us, we want to share with you some of our continuing efforts.

This year, while continuing with our core commitment to market, educate and promote our local food system, we're broadening our focus to highlight the wider story of our food culture.

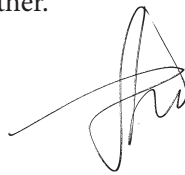
We are renaming our annually published "Farm Guide" to the "Food and Farm Guide". While we continue to honor our beloved local farmers and ranchers, we'll also include the story of creative food makers that turn raw ingredients into fabulous recipes, be it jams, salsas or sausages.

Our annual "Bounty of the County" chef competition will be expanded to showcase more of our incredibly diverse farms and restaurants.

The Farm Trail Weekend, a new event, will take local and visiting folks out to the farms and ranches to experience the magic. Pop-up brunches are planned to further feature farm fresh food and culinary expressions.

Education is also taking a bigger role, with workshops on Agri-tourism, farm certifications, volunteerism, and other topics to inform and engage. You will also notice in these pages, a series of articles on agriculture methods and resources, unusual local foods, and farm promotion possibilities.

With all these exciting new opportunities to promote our local food culture I am grateful to be a part of Nevada County Grown. I welcome you, our reader, as you join us in breaking ground on a new season celebrating food and community together.



- Kwong Chew, NCG President

Cover Photo: Autumn Barr, Laughing Oak Farm by Hazel Moon Photography

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Food & FarmGUIDE

SPRING 2018

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California Certified Organic Farmers

is an association of farmers that has strong roots in the history of the organic movement fighting for organic integrity, certifying, educating, advocating and promoting organic-for more than 30 years. CCOF was instrumental in advocating for federal organic legislation; CCOF organic certification standards were used as a foundation for the USDA National Organic Program.



Benefits of Organic Farming

• Better Tasting & more Nutrient Rich Foods

Organic foods are often more flavourful as the taste of fruit and vegetables or meat from a farm that practices organic farming is healthier, better balanced, less stressed and better fed.

• Safer for You and Your Family

Certified Produce means that toxic substances such as pesticides, herbicides and GMO's are not permitted- and since most everything ends up in the air & ocean thru our creeks, rivers- Organic Farming reduces this vector and protects our environment.

• Healthy Soil = Food Security

Organic Farming offers an alternative to mono-cropping and promotes biodiversity; places the soil first and soil health is the key to better tasting produce that does not rely upon adding additional inputs such as fertilizer and other chemicals.

Sierra Gold Chapter, CCOF
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Nevada City



Farmers Market

Union St, Downtown Nevada City

June 2 - November 17
8:30am-1pm

December - May
1st Saturdays 9am-12pm

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CALENDAR OF LOCAL *Farmers Markets*



TUESDAY

Truckee Certified Farmers Market

8am - 1pm,

May 15 - October 16

10500 Brockway Road, Truckee
towani@cncnet.com

truckeecertifiedfarmersmarket.com
530-679-2729

Nevada County Certified Growers Market

9am - 1pm,

May 1 - October 30

Nevada County Horsemen's Lodge
10600 Bubbling Wells Road,
Grass Valley

mktmgr@thegrowersmarket.com
www.thegrowersmarket.com
530-265-5551

CA Certified Farmers Market

3pm - 6pm

10556 Combie Road, Auburn

THURSDAY

Nevada County Certified Growers Market

9am - 1pm ,

May 3 - November 1

Western Gateway Park,
18560 Penn Valley Drive,
Penn Valley

CA Certified Farmers Market

3pm - 6pm

10556 Combie Road, Auburn

Grass Valley Downtown Association Thursday Night Market

5:30pm - 9pm ,

June 28 - August 2

Mill Street, Downtown Grass Valley
gvda3@sbcglobal.net
www.historicgrassvalley.com
530-272-8315

SATURDAY

Nevada County Certified Growers Market

8am - 12:30pm ,

April 14 - November 17

North Star House, 12075 Auburn Road,
Grass Valley

Nevada City Farmers Market

(Summer) 8:30am - 1pm,

June 2 - November 17

(Winter) 9am - 12pm,

December - May (on 1st Sat.)

Union Street, Downtown Nevada City
manager@ncfarmersmarket.org
www.ncfarmersmarket.org
530-206-3000

Jardin Del Rio Farmers Market

10am - 3pm

June - September

10024 Linnet Lane, next to Sierra
Knolls Winery

SUNDAY

Truckee Community Farmers Market

9am - 1pm,

June 10 - September 30

12047 Donner Pass Rd., Truckee
info@truckeefarmersmarket.org
www.truckeefarmersmarket.org
530-414-9181

Jardin Del Rio Farmers Market

10am - 3pm

June - September

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THE BOUNTIFUL CUISINE FROM OUR LOCAL FARMS

Eating locally grown food has never been easier.

BY PATTI BESS

Local agriculture is going a long way toward proving that organic farming has only begun its potential for changing our world and economy.

In her 2007 book, *Animal, Vegetable, Miracle*, Barbara Kingsolver chronicled her family's commitment to eat only locally grown foods for a year. If a Nevada County family did that today, they would eat quite abundantly—from Asian greens to Italian

varietals, and from heirloom grains to fermented garlic. Nevada County farmers grow much more than fruits and vegetables!

In the last three decades the accelerating pace of the transition to small farming operations has surprised university researchers and officials at the Department of Agriculture all across our country. Farming without chemicals, once considered a fringe movement, impractical and idealistic,

has gained ground, moving closer to the mainstream. Nevada County is no exception.

Small farmers in our county excel with their creative marketing techniques; some with the number of unique varieties they grow, and some with the add-on products they create to augment income. These are just a few examples of the talented folks among us.

BROADFORK FARM

At Broadfork Farm Nancy and George Crews work harder in retirement than in their working careers, but the passion they have for organic farming infuses a subtle flavor element into their produce. They farm on Meadow Drive, a half block off Highway 174—an easy stop for last minute, fresh picked dinner items. Most produce is pre-weighed and packaged and their organized, do-it-yourself payment system makes it a five-minute stop.

Their son, Ian, who is also a partner in the farm, recently built a post-harvest washing station in the garage to process greens more easily. This past season Nancy and George experimented with growing leeks, arugula, several varieties of Japanese mustard, pea shoots, and micro greens which was enough to encourage them to keep the farm stand operating all winter.

EARLY BIRD FARM

Drew Speroni of Early Bird Farm owns and operates his own state-certified mill for processing heirloom grains. Heirloom grains are the original varieties that hold true to their characteristics. They have more flavor and nutritional value than modern grains developed in the last half century. Flour Garden and several local restaurants are using his wheat, rye and kamut in their recipes.

Drew also grows a one acre market farm and has worked out a system where the Interfaith Food Ministry

can purchase vegetables directly from the farm, thus providing more nutrient dense produce to their clients.

NIGHTINGALE FARM

After too many years sitting at a desk, Shannon Frieberg retired from her Nevada County job and hasn't stopped working since. She and her husband, Steve Nightingale, spend their days surrounded by their extended family. Seven kids born in early spring with eleven more in April, ten mother

goats, and six handsome and eager bucks. Nightingale Farm is located along Butterfly Creek in the beautiful Highway 174 valley.

Nightingale Farm raises Oberhasli goats, a Swiss breed known for its mellow nature and a reputation for producing large quantities of milk. The milk's delicate sweet flavor doesn't taste as "goaty" as some goats' milk.

From the beginning of their business, Shannon and Steve under-





stood the need to develop several streams of income if their farm was going to be profitable. The most successful product thus far has been goat milk lotions and soaps which they currently produce and bottle on their own farm. They sell these on their web site, at shows and conventions, and through two dozen retailers. The future may also include teaching soap and cheese making classes.

CALMIL TEOYOTICA

Sara Raskie and Tony Cervantes live and grow on Lewis Road in Nevada City. The farm is called Calmil Teoyotica. The words come from the Native American tradition meaning, “Sacred house surrounded by flowers”. On this verdant piece of property, Sara and Tony actually grow so many varieties that the land expresses a more

extensive definition of its name that means “entire universe unfolding with flowers.”

Some of their primary crops are medicinal herbs such as horehound, calendula, sweet grass, white sage, mugwort, comfrey and several others. They market these to HAALo in Nevada City and other herbal retailers. Their abundant variety of kitchen herbs, including epazote for Mexican cooking and Lemon Grass for Asian foods, are popular products with several restaurants in town. In addition to an extensive orchard, their market garden may include heritage melons from Africa, amaranth, native corn, cardoons, goji berries, as well as the traditional summer produce. Their farm stand on Lewis Road is open two days a week in the summer.

JARDIN DEL RIO

Aubree Young farms at Jardin del Rio. Her meticulously maintained farm/gardens overlook the Bear River in South County not far from Lake of the Pines. Aubree specializes in sixty varieties of tomatoes and uses Italian Artisan seeds for varieties of vegetables you wouldn't find anywhere else. She sells a lot of Italian Eight Ball Squash, a zucchini variety grown for stuffing.

BAKWRD CP MTN. RAISED POULTRY

Located next to Sierra Knolls Winery, a visit for wine tasting and vegetable shopping makes for a lovely afternoon. Carissa Bell is passionate about chickens. She has been the poultry leader in 4H for several years. Bakwrdr

CP Mtn. Raised Poultry is a family endeavor in South County near Alta Sierra. Carissa and her family raise rare breeds of chickens to sell and show at fairs. Fresh eggs and egg yolk products are available with a phone order and pick up at the farm.

Carissa developed a recipe she learned from a chef/farmer on the East Coast. It involves curing egg yolks and then de-hydrating them. They can be grated onto a Caesar Salad or a pasta dish adding nutritional value, a texture dynamic, or a dramatic decorative touch. Chef Zach Sterner from Twelve 28 Kitchen in Penn Valley utilizes them in several creative dishes.

BITNEY SPRINGS FARM

Hard working farmers Chris Riccio and Mark Sheffer spend countless hours tending to the livestock, orchards, and fields of their farm. Bitney Springs Farm is located near the bottom of that road and makes a convenient stop for dinner staples on your way home from a summer trip to Bridgeport swimming hole on the Yuba.

One of the unique products off this farm is Black Garlic. Garlic bulbs from their fields are put into a device called a garlic fermenter for 12 days. Although not a true fermentation process, since it does not involve microbial action, the garlic fermenter ages the garlic under specialized conditions of heat and humidity. The end result is a flavorful black colored bulb that is

high in antioxidants and can be used to flavor many different dishes. Black Garlic has been incorporated into popular menu items at Grass Valley's new downtown pub, the Thirsty Barrel. The recipe for a simple Black Garlic Sauce follows.

And there are many more examples of the industrious people who farm here. Whether it's young farmers starting out in a career or retired folks re-creating their lives, Nevada County farmers bring to their businesses/farms incredible energy, innovation and passion. They are committed to a more sustainable world and deserve our support. 🍷

BLACK GARLIC SAUCE

½ cup mayonnaise
4-5 cloves of black garlic
Sriracha to taste

Blend the black garlic first in a small food processor. Slowly add the mayonnaise and Sriracha to taste. Great on burgers or for dipping French Fries!

Patti Bess is a freelance writer and cookbook author from Grass Valley. She writes a monthly column for the Grass Valley Union newspaper.





OPTIMIZE YOUR LAND OR FARMSTEAD

With Services Provided by the Nevada County Resource Conservation District

So, you have a piece of land. Maybe it's covered with brush, or has pastures with weeds, or has drainage problems. You want to make the most of your land, and you're concerned about fire danger. Who can you turn to for advice?

Well, it just so happens that Nevada County has a great organization where you can get free advice and acquire tools and services to help unlock your land's potential. It's called the Nevada County Resource Conservation District (RCD). Founded in 1944, the RCD's mission is to, "Promote responsible resource management within our jurisdiction through education, leadership, technical assistance, and project facilitation."

For example, the Advisory Visit Program connects you with a local expert who will visit your property with you and provide personalized advice. Natural resource concerns include:

- Land use planning
- Improving wildlife habitat
- Managing pests / invasive species
- Erosion control / drainage issues
- Rural road maintenance / management
- Pond management / health
- Pasture / rangeland management

And, that's not all! If you want to replace the star thistle in your pasture with native grasses, the RCD can arrange a rental of their Min-Till Drill to help. With minimum soil disturbance, this tool creates a seed bed, applies the seed, and firms the seed into the soil – all in one pass.

Another widely used program is the Manure Exchange. The Manure Exchange Program helps connect farmers, gardeners, and landowners searching for sources of local manure/compost with livestock owners and managers who have excess fresh and/or composted manure. Animal manure is a fantastic composting component and a great way to recycle local natural resources!

And, RCD offers lots of Education. They hold seminars and workshops throughout the year on conservation issues that are important to Nevada County landowners, maintain a library of resources, and host events to acquaint the community with ways for us to keep our precious lands healthy.

Conserving our natural resources in a healthy way is crucial. The native plants we sow will conserve energy and topsoil, clean the air, beautify our neighborhoods, provide homes for humans and wildlife, and help keep the environment in balance. Proper spacing between trees and bushes and effective watering techniques will help keep your land healthy for generations.

Feel free to drop by the RCD's office at 113 Presley Way, Suite 1 in Grass Valley, visit their website at www.ncrcd.org for more information on the programs and services they provide, or contact Sabrina Nicholson at 530-798-5530.



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AGRITOURISM GAINING GROUND AS VISITOR INTEREST IN 'EXPERIENCES' GROWS

BY LAURA PETERSON

For 25 years, the Bierwagen family has held an October Harvest Fest at their Chicago Park farm, Donner Trail Fruit. It's the same piece of land the family has farmed since 1902. Each fall, hundreds of visitors come on weekends for a U-pick pumpkin patch and farm stand. Every week in October, busloads of school children visit the farm to learn how apple cider is made and where their food comes from.

“There aren't many wide open spaces that people have access to. The education opportunity is tremendous. It's paramount to understanding the importance of saving

these lands,” said Debbie Bierwagen.

Despite having an operation “grandfathered” in, the Bierwagens had no county rules or guidelines to follow. They worried of being one phone call away from being shut down. While there was a county outdoor event ordinance in place for things like weddings and concerts, there were no guidelines for farm events like the Harvest Fest. Without clear regulations, younger farmers were reluctant to risk a startup venture.

That changed in March. After spending close to three years working closely with County Planning staff, Debbie Bier-

wagen was overjoyed when County Supervisors unanimously approved an Agritourism Ordinance, ushering in promise for Nevada County farmers and ranchers who want to earn new revenue streams from their land.

And while the document isn't perfect, it clearly defines what farmers can and can't do, with room for amendments down the road. "It's going to benefit everybody. I think there are a lot of people with great ideas out there," said Debbie Bierwagen.

WHAT IS AGRITOURISM?

Agritourism "experiences" are becoming big business. A growing trend across the U.S., more than 2.4 million visitors participated in agritourism at California farms and ranches in 2008, according to a study by University of California, Agriculture and Natural Resources. "Agritourism and nature tourism are rapidly growing industries. They draw on our increasingly urbanized population, rising incomes, the search for 'down-to-earth' fun, and declining recreational opportunities near home," according to 'Agritourism and Nature Tourism in California' by Holly George and Ellie Rilla.

According to University of California Small Farm Program, agricultural tourism is "a commercial enterprise at a working farm or ranch conducted for the enjoyment and education of visitors that generates supplemental income for the owner or operator." Depending on state and local regulations, agritourism can include farm stands or shops, U-pick, farm stays, tours, on-farm classes, fairs, festivals, pumpkin patches, corn mazes, Christmas tree farms, winery weddings, orchard dinners, youth camps, barn dances, hunting or fishing and more. "Clearly, many tourists want the very qualities that farms and ranches possess. As a result, opportunity knocks at the doors of farmers and ranchers who have vision, skills, and commitment," according to George and Rilla.

The UC Small Farm Program, working with county-based UC Cooperative Extension farm advisors, provides resources for agritourism operators and hosts California's statewide directory and calendar of agritourism.



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A NEW ERA FOR NEVADA COUNTY GROWN

Nevada County Grown (NCG) is a local, community-supported group that sees the value of agritourism for area farmers and ranchers. In 2018, besides producing the annual Food and Farm Guide showcasing over 70 local farms, the board is bringing new energy to the organization with a full line-up of activities.

“This year NCG has taken on the initiative of agritourism. We’ve seen the benefits to other communities,” said Sammie Bass, one of the newest members of the NCG board with a background in tourism and travel.

This year, NCG is looking at highly successful models from other California communities like Apple Hill in El Dorado County and Sierra Oro Farm Trail in Butte County. Already the group has launched a strategic

outreach and marketing campaign with a noticeably stronger social media presence. In February, the group recruited volunteers at an information booth at Sierra Harvest’s Sustainable Food and Farm Conference. NCG host monthly community social mixers. In March, 40 people attended an agritourism workshop at Bitney Springs Farm.

During Fourth of July weekend, NCG will host its First Annual Farm Trail Weekend, a guided tour of a dozen local participating ranches and farms where folks can taste prepared food made with locally grown ingredients, talk to farmers, and purchase food directly from the farms. “A lot of it is just getting people onto the farm,” said Bass.

Also in the works this summer is a Farmer’s Brunch at Nevada City Farmer’s Market featuring a pancake breakfast procured from locally grown goods. Last year’s “Bounty of the County”, a fall food tasting and chef competition, was the most successful to date, raising funds to support this year’s programming dedicated to educating and entertaining through agritourism.

Board member and volunteer marketing manager, Eric Bleau, says agritourism-style farm stays at his family’s Blue Oaks Ranch are doing extremely well. A survey of Bleau’s Airbnb customers say the number one reason they stay with him is for the farm experience.

Bleau says Grass Valley and Nevada City are destinations for tourists, and the market is ripe for farm experiences. The sister cities were recently named a California Cultural Designation by the California Arts Council. In 2017 Sunset Magazine named Nevada City the #1 Best Value Town in the state. Airbnb stays are growing in Nevada County, last year generating \$180,000 in Travel Occupancy Tax to the county’s coffers, said Bleau. “The tourists are already coming here, we just need to get agriculture on the travelers’ radar.”

Agritourism has the capacity to improve the financial health of the entire local food system, a web that includes





farmers, ranchers, restaurant owners, caterers and consumers. Shana Maziarz, co-owner of Three Forks Bakery and Brewing Company, makes locally procured food a priority on the menu at her popular cafe. In March, she attended NCG’s agritourism workshop at Bitney Springs Farm where she jumped at the chance to hold a baby lamb.

“I think anything we can do to promote a strong agricultural economy is good for Nevada County. Agritourism has the potential to help farmers diversify their income to meet their bottom line. I also think that agritourism can help prioritize agriculture as a cultural value, which hopefully leads toward community-wide decision-making

that supports maintaining land and water for agriculture. I know that supporting local agriculture is important to our customers. I hear it every day,” said Maziarz. 🍷

Learn more at NevadaCountyGrown.org

Laura Petersen is a freelance writer and journalist with 18 years experience writing about the outdoors, food and farming. She lives in Nevada City. Contact her at laurapetersen310@gmail.com or 913-3067

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We love cooking with organic, natural foods... from local farmers when available...to sustain them & all of us!

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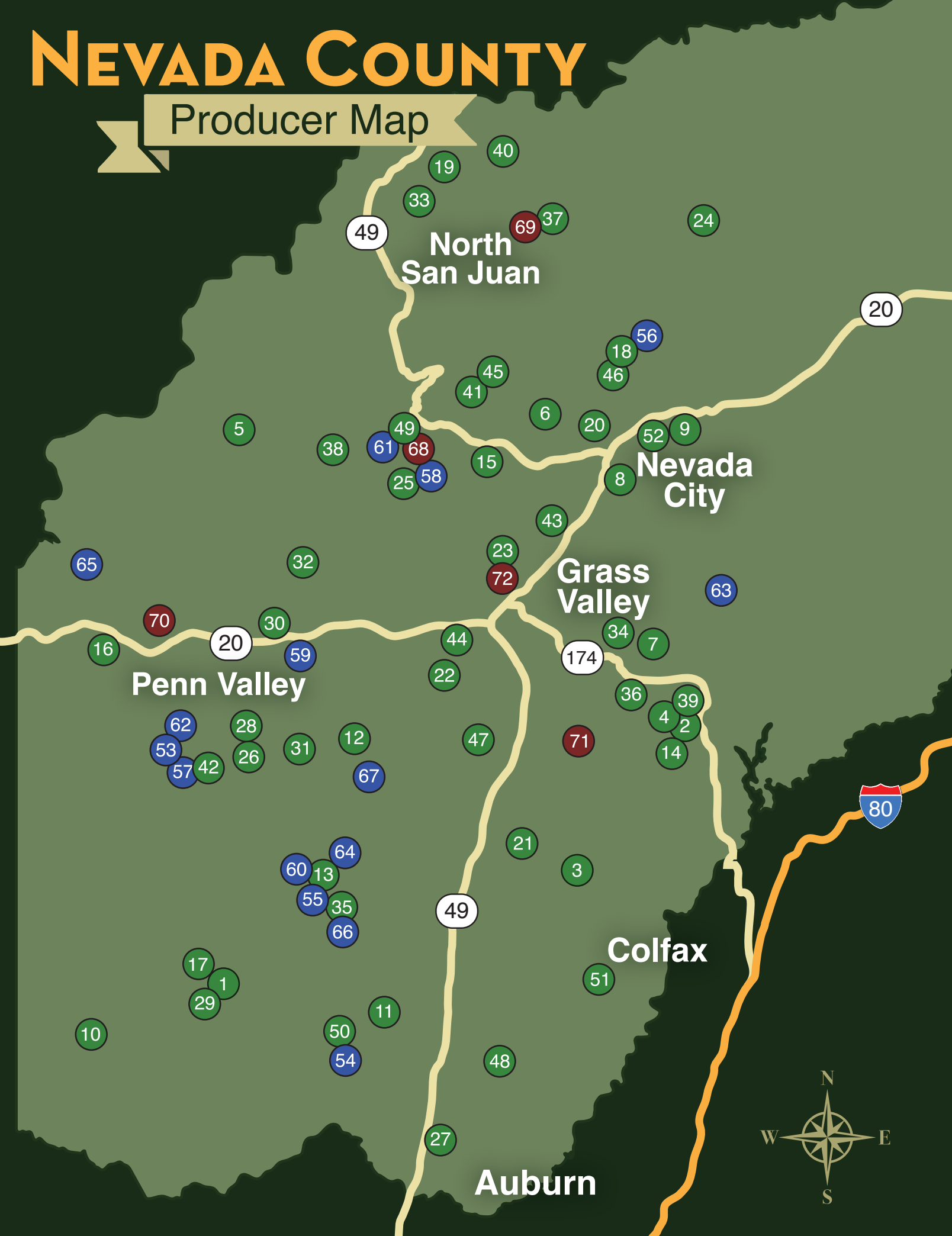
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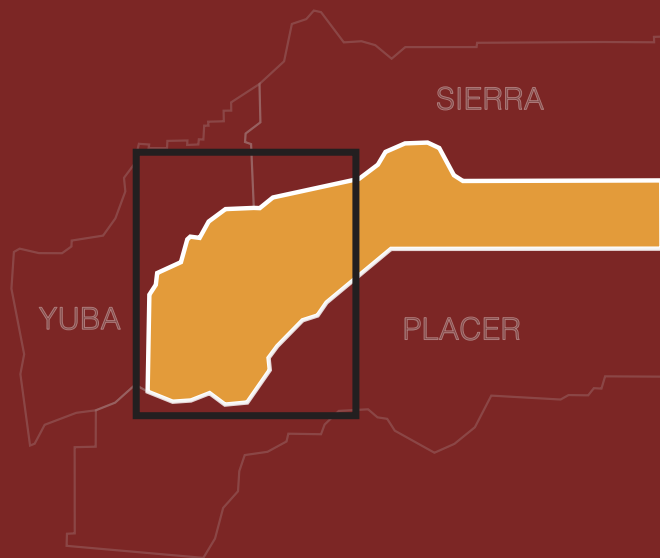
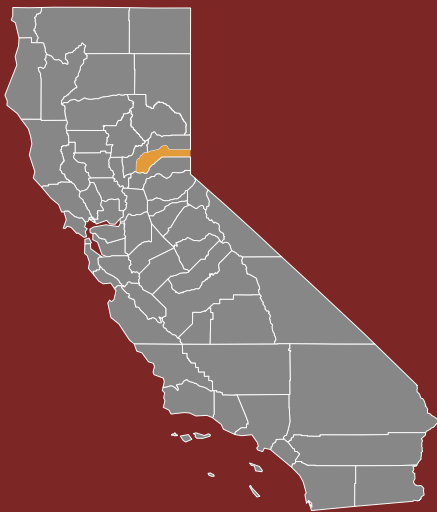
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FARMS

2nd Chance Ranch / Grass Valley

530-210-4155



One of the newest farms in western Nevada County, 2nd Chance Ranch will first be producing melons (cantaloupe and watermelon) for sale at the North Star Farmers Market. Later we will be adding table grapes, apples, and other fruits

and berries.

Market: North Star Farmers Market, Saturdays

2ndchanceranchgv.com

Bakbraken Acres / Hwy 174 Chicago Park

530-263-3607



Growing organically in Nevada County for over 45 years, Bakbraken Acres is a leader in the production of extreme quality, specialty vegetables, including onions, tomatoes, peppers, potatoes, melons, berries, flowers, green beans, hops, and more. Situated on 40 acres at 2400' elevation on the western slope of the Sierra Nevada. Cultural practices include cover cropping, crop rotation, companion planting, compost, and buffer areas. Registered organic.

Location: 14283 Judy Lane at Highway 174 and Powerline Road, Chicago Park

Farm Stand: Open Mondays and Thursdays 10 am–2 pm, July–October.

Onsite: Special order pick up

Grocery Stores: Natural Selection

Restaurants: New Moon Cafe, Emily's Catering & Cakes
joygirl9@sbcglobal.net

Bakwrd CP Mtn. Raised Poultry / South County

530-346-8646



Hello. We're Bakwrd CP, a small family farm located in the Alta Sierra area. We are CDEFA approved and specialize in rare breed poultry, fresh eggs, and egg yolk products, along with seasonal veggies, herbs and mealworms.

Location: 19302 Tiger Tail Rd., Grass Valley

Farm Stand: Open every day. Call before pickup.

Direct Sales: Produced/Hatched/Raised/Sold/Picked up @ 19302 Tiger Tail Rd.

ccbell813@gmail.com

Bierwagen's Donner Trail Fruit / Hwy 174 Chicago Park

530-477-5992



A family-owned and operated farm since 1902. We grow and produce the very best Nevada County fruits and vegetables. Our promise to you is that we won't sell you anything we wouldn't love ourselves.

Location: 17437 Lower Colfax Road, Chicago Park

Farm Stand: Open beginning Oct 1 for fall decorations, fresh pressed apple cider, apples, & pumpkins. Hours Monday-Friday 12-5pm; Saturday-Sunday 10-5pm with food booth and other additional activities on weekends

U Pick: See our website for updates on current u-pick avail-

ability on berries, apples and peaches.

Ranch Store: Bierwagen's Farm Market, 18532 Colfax Hwy. Produce market open June 1 through mid-September Monday-Saturday 11-4. Seasonal vegetables and fruits, eggs, flowers, jams preserves & more. Raised by us or foraged as local as possible. Farm Market (530) 273-4005.

Restaurants: Happy Apple Kitchen

bierwagensfarm@gmail.com

www.bierwagensfarm.com

Bitney Springs Farm / Newtown/Bitney Springs

530-432-3214



We are a small family farm dedicated to growing wholesome foods for a healthier planet. Everything is grown using sustainable practices. Vegetables, fruits and flowers are available throughout the growing season with pumpkins closing out the season on Halloween. We also raise Katahdin sheep for meat or breeding, pasture raised pork and free range broilers. All our animals are out on pasture and are supplemented with organic feed. Our beautiful farm is also

available for AirBnB, tours and events.

Location: 16152 Bitney Springs Rd, Nevada City

Farm Stand: Check website for hours

Restaurants: Three Forks Bakery & Brewing Co., South Pine Cafe, Twelve 28 Kitchen

Other: Emily's Catering and Cakes

bitneyspringsfarm@gmail.com

www.bitneyspringsfarm.com



FARM STAND



U-PICK



CSA



FARMERS
MARKET



GROCERY
STORES



RESTAURANTS

Bluebird Farm and Permaculture Garden / Nevada City 530-292-0279



We are a half acre micro farm producing raspberries, as well as a permaculture education center producing soil lovers. Our mission is to help all of western Nevada County grow healthy, living soils that infiltrate rain, keep our streams and rivers clean and clear - even in big storm events - and produce the most nutrient dense foods possible. Join us for a class!

Location: 11153 Cement Hill Road, Nevada City, CA 95959

U Pick: Raspberries July through September, as available. Send E-mail for details on days and times or to make an appointment.

Onsite: See our web site for information on our classes.

renee.bluebirdfarm@gmail.com

www.naturalcollaboration.com

Broadfork Farm / Hwy 174 Cedar Ridge 530-648-0282



Broadfork Farm is a family run micro-farm on 1-1/2 acres. We grow healthy food at fair prices using natural inputs and sustainable practices. We specialize in heirloom varieties and plant starts. The on-site farm stand is open from 9 a.m. to 7 p.m. daily. Orders and tours can be arranged by phone. Come

let us feed you!

Location: 13624 N. Meadow View Dr., Grass Valley

Farm Stand: Open 9 a.m. to 7 p.m. daily

broadforkfarm@gmail.com

broadforkfarmers.com

Calmil Teoyotica / Nevada City 530-318-6165

Calmil Teoyotica is the Sacred House surrounded by flowers. Our job is to build a relationship with Earth, Wind, Fire, Water, Flora and Fauna to create loving food medicine sus-

taining our healthiest relationship with all of creation.

Direct Sales: To herbal retailers, restaurants

calmilteoyotica@gmail.com

Chapman Family Farm at Harmony Valley / Nevada City 530-575-5667



Located in a beautiful setting in Nevada City is Harmony Valley Farm. We grow mixed fruit and vegetables, flowers, and herbs with our animals moving through the farm. Harmony Valley Farm connects with the local food waste system to create fertility for our soil and food for our community. We use low/no till methods to grow our food.

Location: 15691 Lewis Rd., Nevada City

Farm Stand: Call for availability

Onsite: Farm tours and school classroom visits. Call for an appointment.

Restaurants: New Moon Cafe, Heartwood, Treats Ice Cream
lflifeet@yahoo.com

Citheria Farm / South County 916-539-1388

Ranch-raised, grass fed, and grain-finished beef and chevon. Registered dairy goats and Boer goats available. Mobile veterinary service available for food and fiber producing animals.

Location: 22900 Perimeter Rd., Grass Valley, CA

Direct Sales: At the Ranch

Other: Escalon livestock market

rskillmandvm@gmail.com

Cone & Hill Christmas Tree Farm / South County 530-559-2356



Our tree farm is family owned since 1985. Our field trees are hand pruned, our precuts are in water to keep them fresh and we make our own wreaths from fresh material. We work hard to make your tree cutting experience a happy, family adventure.

Location: 21001 Cone and Hill Drive, Grass Valley. From Hwy 49, turn on Wolf Rd, go 2 1/2 miles on Wolf, turn right on Cone and Hill Dr, go 1/4 mile to farm parking lot.

U Pick: Day after Thanksgiving-December 20, Friday-Sunday 10 am-5pm, or call for an appointment.

pugtastic2@gmail.com

FARMS CONTINUED

Cosmic Roots Ranch / Grass Valley

530-913-5401



"The Most Loved Meat You'll Ever Eat!"

We are a small family owned farm primarily raising heritage Mangalita pork. Our pork is USDA, Non-GMO, pasture raised, & antibiotic free. We also offer CA certified free range eggs, as well as 100% all natural handmade lard soaps and candles. Our passion is to provide the best quality products, made solely by owner/operator Ellen Cole & Jesse Olson.

Location: 16284 Indian Springs Ranch Rd., Grass Valley

Farm Stand: Tuesday 10am-1pm Thursday 4pm-7pm
Saturday 10am-1pm

Direct Sales: You can purchase our products online for pickup at the Ranch or visit our farm stand.

Restaurants: Twelve 28 Kitchen, South Pine Cafe
ellen@cosmicrootsranch.com
www.cosmicrootsranch.com

Crest Point Farms / Grass Valley 650-776-8840

100% grass fed, 100% grass finished Dexter cattle. No GMO, no pour-on poisons, no antibiotics. We feed Grass Valley grass, apple cider vinegar, and mineral blocks. Our beef is very seasonal yielding optimum taste, fullness of flavor, and sweetness of beef. All steers are processed between July 15th and August 15th. This beef is from pure bred registered Dexter cattle, an ancient heritage breed dating back to the

Roman Empire. Pasture raised year round and always treated humanely.

Location: 17701 Crest Road, Grass Valley

Other: Purchase from our web site.

bob@advantagebiz.com
www.crestpointfarms.com

Dinner Bell Farm / Hwy 174 Chicago Park



At Dinner Bell Farm we grow pigs and flowers! In our unique system, our happy, heritage-breed hogs live under the shade of peach tree orchards and graze on annual forage. Yummy for them and yummy for you! Talk to us about buying cuts or whole animals right off of the farm. And our flowers ...WOW - gorgeous! We love growing and arranging them for your wedding or event! Find us at the farmers market or come on out to the farm.

Location: 14119 Judy Lane, Grass Valley, CA

Onsite: Make an appointment to buy directly from the farm (molly@dinnerbellfarm.com)

Farmers Market: Tahoe City Farmers' Market, Thursday mornings, June through September.

molly@dinnerbellfarm.com
www.dinnerbellfarm.com

Early Bird Farm / Newtown/Bitney Springs

530-913-8461



Early Bird Farm grows high quality vegetables and fruits on a 5 acre farm using sustainable methods and permaculture practices. We also grow grains, milling them on-site on our natural stone mill into whole grain flours and corn polenta. Our fresh milled grains are available at the Briar Patch Co-op. Come visit the farm on a volunteer Friday!

Location: 11019 Newtown Rd, Nevada City

Direct Sales: We come to you! Or come visit the farm!

Grocery Stores: SPD Market NC, SPD Market GV, Briar Patch Co-op Community Market

Restaurants: Matteo's Public, Three Forks Bakery & Brewing Co., Ike's Quarter Cafe, Valentina's Organic Bistro & Bakery, New Moon Cafe, The Willo

Other: Tahoe Food Hub, Produce Express
earlybirdfarm@yahoo.com

Enlightened Earth Organic Herb Farm / Penn Valley

530-802-5064



Organic herb farm in Penn Valley specializing in medicinal and culinary herb nursery plant starts and a diversity of medicinal herb crops. We seek to promote Earth stewardship, advance Earth awareness, and embody a harmonious relationship with Nature. We enjoy sharing and teaching medicine farming and welcome visitors by appointment.

Location: 20575 Poker Flat, Penn Valley, CA. 95946

Onsite: Private nursery sales by appointment

Grocery Stores: Briar Patch Co-op Community Market

Other: Several Nevada County retail nurseries
heidyardams@gmail.com



Family Friendly Farms / South County

530-268-8000



USDA Certified, all-natural grass-fed beef, lamb, pork, chicken, and turkey. Corn Free, Soy Free w/no GMO's, no added hormones, no antibiotics, and no pesticides; just 100% good-for-you healthy food.

Direct Sales: Grass-fed beef, lamb, poultry, pork, and eggs. E-mail your order for delivery in town.

Farmers Market: Grass Valley Downtown Assoc, North

Star House

Grocery Stores: Holiday Market (LOP), Holiday Market (LWW)

Restaurants: Club 141, Diego's, Three Forks Bakery & Brewing Co.

fff.meat@gmail.com

www.familyfriendlyfarms.com

Felix Gillet Institute / San Juan Ridge

530-292-3619

We identify, protect and propagate rare heirloom fruit and nut trees, grapes, roses and perennial multi-purpose plants collected from heirloom mother plants still growing that were planted during the Gold Rush era. Plant origins are collected in Nevada, Yuba, Sierra and Placer counties from old mining camps, towns, homesteads and farms. Every plant comes with a history lesson. See website for more details.

Location: By Appointment Only

Direct Sales: Via website, email and phone orders. Plant sales Oct - March, for pickup Jan - March.

Other: Sweetland Garden Supply NSJ

thefgi@gmail.com

www.felixgillet.org

First Rain Farm / Nevada City

530-265-4515



First Rain Farm is located just two miles from Nevada City. Our land is diverse with forest, fields, creeks, pastures, and old barns! We grow upwards of 40 different vegetable crops as well as blueberries, strawberries, and blackberries. Our herd of Nubian dairy goats help us manage the land and produce delicious milk and rich compost for the vegetable fields.

Location: 19832 Rector Rd., Nevada City, CA 95959

Farm Stand: Wednesday 4 p.m. - 7 p.m. mid May through October

Direct Sales: We provide produce for special events and caterers.

CSA: Goat herd share - see website for more information

Farmers Market: Nevada City Farmers Market on Sat a.m.

Grocery Stores: BriarPatch Co-op Community Market, New Moon Natural Foods

Restaurants: Ike's Quarter Cafe, Three Forks Bakery & Brewing Co., New Moon Cafe, BriarPatch Deli

Other: Vegetable seeds sold to High Mowing Organic Seeds, Fedco Seeds, Southern Exposure Seed Exchange, and Redwood Seeds.

info.firstrainfarm@gmail.com

www.firstrainfarm.com

FogDog Farm / San Juan Ridge

530-218-0788



We are two young farmers growing a diverse array of vegetables and fruits on 1.5 acres. We farm on a hand-powered scale and produce nutritionally dense, flavorful produce by working with nature, not against it.

Farmers Market: Nevada City Farmers Market

Restaurants: Three Forks Bakery & Brewing Co., New Moon Cafe

Other: Tahoe Food Hub

fogdogfarm@gmail.com

fogdogfarm.com

FARMS CONTINUED

Fresh Starts Organic Farm / Nevada City

530-478-0800



Certified organic by CCOF. Nevada City grown vegetable, flower, herb and perennial starts. Many perennials are grown from saved seed, cuttings or divisions of the farm's locally adapted mother-stock. Customers exclaim about the health, vigor and productivity of the plants! We love to have customers view and/or shop at the private nursery, by appointment only.

Location: Call or email for directions.

Direct Sales: Available by appointment. Weekend sales to

be scheduled. Call for information.

Farmers Market: Nevada City Farmers Market - 1st Saturdays in March, April, and May, as well as June 2nd, June 9th, and September 15th.

Grocery Stores: BriarPatch Co-op Community Market

Other: Peaceful Valley Farm & Garden Supply, Mother's Day Plant Sale at the Miner's Foundry in Nevada City. Other sales TBA. Private sales at nursery by appointment.

freshstartsorganicfarm@gmail.com

Garden Goddesses / Grass Valley

831-277-3961



Private tours and tastings at our community demonstration farm. By appointment only!

Farm highlights: Composting, the tree house, edible cactus, solar cooking, chickens and ducks, farm to table recipes.

Location: 18414 Alexandra Way, Grass Valley

Farm Stand: By appointment only

susan@gardengoddesses.org

Grass Valley Grains / Grass Valley

530-210-4216

Growing rye, barley, wheat, and oats without chemicals or GMO seeds.

Location: 13310 Nannas Way, Grass Valley

Direct Sales: Telephone sales. Call for information.

grassvalleygrains@gmail.com

www.grassvalleygrains.com

Greg's Organics / Grass Valley

530-205-5282



Organic heirloom tomatoes, cherry tomatoes, blackberries, Bartlett pears, summer squash, sundried tomatoes. CCOF Certified Organic. Available at the best grocery stores and health food stores, and the finer restaurants in Auburn, Tahoe, Truckee and Reno.

Direct Sales: Call to coordinate.

CSA: Offering tomato CSA starting July 29th!

greg@gregsorganics.com

www.gregsorganics.com

Grizzly Hill Organic Farm & Nursery / Nevada City

530-265-9495



CCOF certified organic vegetable and herb transplants. Custom greenhouses, high tunnels, and complete kits.

Location: Call for directions.

Grocery Stores: BriarPatch Co-op Community Market

Other: Peaceful Valley Farm & Garden Supply, Sweetland

Garden Supply, Mother's Day Plant Sale at the Miners Foundry

ray@grizzlyhill.com

www.grizzlyhill.com

Hopeful Hill Ranch / Newtown/Bitney Springs

530-477-1937

We grow grass hay for our horses and sell any surplus. Harvest is in late June. Call or check our web site for availability.

Location: 13303 Hopeful Hill Road, Nevada City

Direct Sales: Hay by advance reservation. Call for more information.

Onsite: Farm tours and school classroom visits. Call for an appointment.

ranchhands@hopefulhill.com

www.hopefulhill.com



Indian Springs Organic Farm / Penn Valley

530-432-3755



Indian Springs Organic Farm is a California Certified Organic Farm and has been for 38 years. We just celebrated 32 years of local growing and sales. We still make all of our compost. Products: tomatoes, winter squash, potatoes, pumpkin, peas, garlic, flowers, peppers, eggplant, corn, plums, cherries, pluots, figs, table grapes, apricots, watermelons, pluots, and cherries.

Location: 14318 Pilot Peak Lane, Penn Valley

Onsite: Can be arranged.

Direct Sales: Bulk pickups arranged by e-mail

Grocery Stores: SPD Market NC, SPD Market GV, BriarPatch Co-op Community Market, Natural Selection, Holiday Market (LWW), Holiday Market (LOP), Mother Trucker

Restaurants: Three Forks Bakery & Brewing Co., Diego's, Blue Cow Deli

Other: Tahoe Food Hub, Local Farm Booth distribution
mrpasner@gmail.com

Jardin del Rio / South County

530-906-5414



Jardin del Rio offers tree-ripened fruit and exotic vegetables too delicate for processes of traditional grocers. Produce is grown on Rincon Way. Jardin del Rio (Garden of the River) isn't far from Lake of the Pines. We offer a gathering place where clients may enjoy wine tasting, music and shopping.

Location: 10024 Linnet Ln., next to Sierra Knolls Tasting Room.

Farm Stand: Saturday-Sunday 10am-3pm, June-Sept. This is now a CA certified Farmers Market.

Farmers Market: CA certified Farmers Market Tues, Thurs 3-6pm, Combie Plaza, 10556 Combie Rd, Auburn 95602 (on way to LOP, NOT in LOP) We accept EBT, WIC and SNFP.

Restaurants: Cirino's at Main Street, New Moon Cafe, Three Forks Bakery & Brewing Co.

aubree@jardindelrio.org
www.jardindelrio.org

Johansen Ranch Inc. / Penn Valley

530-432-4344



Family owned and operated by Mila, Olivia, and Rich Johansen. Satsuma and clementine mandarins, navel and blood oranges, Meyer lemons, persimmons, pomegranates, figs, and pluots are grown in Orland. Winter squash, melons, vegetables and medicinal herbs are grown in Penn Valley. Celebrating 100+ years as a family farm. Certified organic by CCOF.

Location: 13930 Pilot Peak Lane, Penn Valley

Direct Sales: Farm stand during the season

Grocery Stores: BriarPatch Co-op Community Market, Mother Trucker, Natural Selection

Restaurants: BriarPatch Deli, Three Forks Bakery and Brewing Company

Other: Wholesale sales, HAALo
RichJohansen415@gmail.com

Johnson Family Farm / Penn Valley

530-263-5367



Our farm is currently going on our 10th year. We are a family run, certified organic farm specializing in heirloom and hard to find varieties of fruits and vegetables.

Farm Stand: Coming hopefully this year!

Farmers Market: The Growers Markets (North Star Sat.,

Horseman's Lodge Tues., Penn Valley Thurs.), Thurs night market in Grass Valley, Foothill Farmers Markets (Auburn Sat., Granite Bay Sun., Roseville Fountains Tues.), Chico Sat.

Grocery Stores: BriarPatch Co-op Community Market
shannalj@msn.com

Keck's Kritters / South County

530-277-9341

We are a family farm raising registered Katahdin sheep, excellent for breeding and meat. These ewes have exceptional mothering ability and lamb easily with good lambing ratios. The breed is ideal for pasture lambing and grass/forage management systems.

Also available: eggs, pluots, blueberries and lemons seasonally. No pesticides are used.

Location: 17347 Perimeter Rd, Grass Valley 95949

Direct Sales: Email or call for current availability
deeanakeck@gmail.com

FARMS CONTINUED

Laughing Dogs Farm / Penn Valley

530-274-7638



Heirloom tomatoes, peppers and pumpkins. Perennials, seasonal cut flowers and herbs, annual flowers and vegetable seedlings in May. All plants and flowers from open-pollinated, non-treated seeds. Perennials from cuttings and divisions only. Our farm is agriculturally sustainable and non-chemical. Eggs from hormone-and antibiotic-free chickens.

Lavender sachets, birdhouses, seed boxes made on farm.
Direct Sales: Seasonal special orders, call for information and delivery.
Farmers Market: Saturday morning at the North Star House on Old Auburn Rd.
r_spruceveatch@yahoo.com

Laughing Oak Farm / Rough and Ready

530-277-9798



Our farm strives to create a closed loop growing system that incorporates biodynamic methods, permaculture principles, perennial crops, and a focused market garden. We offer mixed bouquets and flowers for special occasions, organic produce, and alpaca fiber products.

Farm Stand: See hours at www.LaughingOakFarm.com

Grocery Stores: BriarPatch Co-op Community Market, SPD Market GV
Restaurants: Twelve 28 Kitchen
autumn@laughingoakfarm.com
www.laughingoakfarm.com

Lindsay Farm / San Juan Ridge

530-292-3079



Our 12 acre permaculture farm grows a wide range of organic vegetables, fruit, herbs, teas, eggs and flowers. Organic vegetable and herb starts available spring and fall.

Location: 10805 Rose Hill Court, Nevada City

Direct Sales: Delivered to you or picked up from the farm. Call for more information

CSA: CSA includes fruit, vegetables, herbs, teas, eggs and a free bouquet of flowers. May 31 - Oct 31. 2 times per month. \$30/basket. Delivery available. Register early! Pay as you go. No pre-payment required.
lindsayco@att.net
www.lindsayfarm.com

McClaghry Farms / Hwy 174 Cedar Ridge

530-273-4869



Honey produced locally and out of area. Honey and beeswax available retail, wholesale and bulk. Raw, unheated, local honey in bulk available seasonally. Clover cold pack all year, as well as liquid raw blackberry and clover honey. Pollen seasonally. Beehives, single, nucs, and packages. Queen bees and some bee supplies. Beehives for pollination.

Location: 13465 Colfax Hwy, Grass Valley

Farm Stand: McCourtney Road Pumpkin Patch, Bierwagen's Donner Trail Fruit and Farm Market.

Direct Sales: Bulk honey or bees, please call.

Farmers Market: Saturday morning at North Star House on

Old Auburn Rd., Saturday all year in Auburn, Tahoe City, Truckee Farmers Market

Grocery Stores: Mother Truckers, California Organics, SPD Market NC, SPD Market GV, BriarPatch Co-op Community Market, Natural Selection, Cedar Ridge Y Market
Restaurants: New Moon Cafe, Ike's Quarter Cafe, Summer Thyme's Bakery & Deli, Java John's, Caroline's Coffee Roasters, Happy Apple Kitchen

Other: Available at Bierwagen's Donner Trail Fruit farm stands, Spring Valley Produce
garymclaghry@att.net
www.mclaghryfarms.com

McCourtney Road Pumpkins / South County

530-228-1221



Family fun at an old fashioned Pumpkin Patch (weekends in October): hayride, old fashioned games, picnic tables, antique tractors, farm animals, limited edition honey from the farm.

Location: 20267 McCourtney Road, Grass Valley, CA
Onsite: SEASONAL: weekends in October 11 a.m. - 5 p.m.
andybarhydt@gmail.com
mcpumpkin.com



Meadow Orchard / Hwy 174 Peardale

916-532-4741



Apple orchard containing different varieties: Golden Delicious, Gala, Jonathan, Fuji, Red Delicious, Arkansas Black. June Pride and Suncrest peaches. Happy Hen chicken eggs. Heritage Turkeys.

Location: 14293 Meadow Dr, Grass Valley, CA 95945

U Pick: Open weekends in Sept & Oct for picking apples.

Direct Sales: Call for information.

lawolgast@yahoo.com

http://LynnReese.wix.com/meadoworchard

Mountain Bounty Farm / San Juan Ridge

530-292-3776



Weekly vegetable and fruit boxes available year-round through our CSA subscription program. Over the past 21 years we have become known for the exceptional quality, diversity, and generosity of our produce boxes. Heirloom vegetables, fruits and herbs. We are also at the Saturday Nevada City Farmers Market.

CSA: Delivered to pick-up locations in Nevada City, Grass Valley, San Juan Ridge, Truckee, Tahoe City, Kings Beach, Incline Village, South Lake Tahoe and Reno.

Farmers Market: Nevada City Farmers Market

Grocery Stores: BriarPatch Co-op Community Market, Natural Selection, Mother Truckers, New Moon Natural Foods

Restaurants: Three Forks Bakery & Brewing Co., Heartwood, The Stonehouse

Other: Tahoe Food Hub

info@mountainbountyfarm.com

www.MountainBountyFarm.com

New Wellington Farm / Newtown/Bitney Springs

530-277-0670



New Wellington Farm has been raising LaMancha dairy goats since 2004. Our herd is raised on natural vegetation and grassy pastures supplemented with organic and Non-GMO feeds. We have quality animals with excellent genetics. We recently began producing Farmstead goat milk soap, available locally. My family looks forward to opening a creamery mak-

ing hand-crafted goat cheese in the near future.

Location: 14640 Rudd Rd., Nevada City, CA 95959

Direct Sales: by appointment. Please call.

Grocery Stores: Briar Patch Co-op Community Market

Other: S.O.A.P., J.J. Jackson's

newwellington@gmail.com

Nightingale Farms / Hwy 174 Peardale

530-273-GOAT



Nightingale Farms creates luxurious goat milk lotions and soaps with the milk from our sustainably raised Oberhasli dairy goats. You will find our products in retail outlets in Nevada County and beyond. Oberhaslis are quiet with a sweet disposition. Goats are for sale for show, pet, brushers and family milkers. We support our buyers with ongoing assistance and advice.

Grocery Stores: SPD Market NC, BriarPatch Co-op Community Market

Other: Elegant Salvage, Dokimo's Pharmacy, Vintage Menagerie, Tess' Kitchen Store

nightingalefarms@gmail.com

www.nightingalefarms.net

Olala Farms / San Juan Ridge

530-575-2779



We are a family owned farm with over a 40 year history of growing and harvesting fruits, vegetables, flowers, culinary and medicinal herbs, and making infused herbal oils, and cosmetic salves and creams. We have a wide variety of CCOF certified organic vegetables and fruits and specialize in watercress, strawberries, summer and winter squash, cucumbers, peppers, apples, pears, persimmons, plums and chestnuts.

Direct Sales: Veritable Vegetable

Farmers Market: North Star House, Horsemen Lodge, Penn Valley Farmers Markets

Grocery Stores: Mother Truckers, Natural Selections, California Organics

Restaurants: Three Forks Bakery and Brewing Co., New Moon Cafe, Twelve 28 Kitchen

ana_acton@hotmail.com

olalafarms.com

FARMS CONTINUED

Riverhill Farm / Nevada City

916-832-7463



Riverhill Farm grows more than 30 varieties of vegetables and fruits. Support our farm with the purchase of a Friend of the Farm card in one of three values and receive a 10% discount on our produce at the Nevada City Farmers Market and at our farm stand. Summer u-pick of strawberries, blackberries, and raspberries. See our website for details.

Location: 13500 Cement Hill Road, Nevada City

Farm Stand: Every Wednesday 2-6 pm starting in June.

U Pick: Every Wednesday 2-6 pm starting in May or June, as available. Also Sundays 8-10 am, as announced.

Other Onsite: To be notified when our produce is available by U-Pick or at our farm stand, please add your name to our

email list. You can do so on the home page of our website.

CSA: Visit our website to learn about our Friend of the Farm card CSA, a flexible alternative to weekly subscription boxes.

Farmers Market: Saturday morning in Nevada City and Tuesday morning in Truckee. Use our Friend of the Farm card to receive a 10% discount on purchases at the Nevada City Farmers Market. See our website for more information.

Grocery Stores: BriarPatch Co-op Community Market

Restaurants: New Moon Cafe, Three Forks Bakery & Brewing Co., Heartwood

antonio@riverhillfarm.com

www.riverhillfarm.com

Salute Olive Oil / Penn Valley

530-432-4340



We are a small producer of olive oil here in Penn Valley. Our Mediterranean varieties are all handpicked and processed within 24 hours with the best milling process available. We are all natural and use no chemicals. Oil is first and cold pressed, extra virgin. We have dedicated ourselves

to quality, not quantity. We hope to hear from you!

Location: 14465 Bald Mtn. Rd., Penn Valley

U Pick: Late season olives for curing

Onsite: By appointment only

pvglasguy@yahoo.com

South Star Farm / Grass Valley

530-205-5477

Eggs from pasture raised poultry.

Direct Sales: Eggs available at chiropractic office at 132 Joerschke Drive, corner of Maltman and Joerschke in Bruns-

wick Basin, Grass Valley. Call for hours of availability.

phbonz@gmail.com

www.southstarfarm.com

Starbright Acres Family Farm / Grass Valley

530-273-2513



Starbright Acres Family Farm produces and supports production of nutritious, delicious, planet-friendly food for our local community and family.

We produce ecologically sustainable, chemical-free vegetables, plants and animal products. Support of our local food network includes hosting field trips, involvement with local schools & agricultural programs, selling vegetable starts and sharing farming knowledge with community members.

Location: 12575 Polaris Dr, Grass Valley

Farm Stand: Open self-serve during daylight hours, 7 days

a week, year round.

CSA: Farm Credit

Farmers Market: Nevada City Farmers Market, Nevada County Certified Growers Market

Grocery Stores: BriarPatch Co-op Community Market

Restaurants: Three Forks Bakery and Brewing Co., New Moon Cafe, Heartwood

Other: Peaceful Valley Farm & Garden Supply, A to Z Supply, Tahoe Food Hub

starbrightacres@yahoo.com

Sunrock Farm / Nevada City

530-305-6789



Grower of heirloom dry beans as well as various fruit and vegetable crops.

Farmers Market: Nevada City Farmers Market

Grocery Stores: BriarPatch Co-op Community Market

Restaurants: Three Forks Bakery & Brewing Co., Elixart, The Stonehouse

Other: HAALo

wellhopped@hotmail.com



Super Tuber Farm / Hwy 174 Chicago Park

530-388-5151



Super Tuber Farm aims to produce the tastiest certified organic produce you can put in your belly. We grow potatoes, carrots, cabbage, beets and other tasty treats.

Farmers Market: Nevada City Farmers Market

Grocery Stores: BriarPatch Co-op Community Market

Restaurants: Three Forks Bakery & Brewing Co., Ike's Quarter Cafe, New Moon Cafe

Other: Tahoe Food Hub

jeremy@supertuberfarm.com

Sweet Roots Farm / Grass Valley

530-277-0338



Certified organic produce, plants and flowers. We design lush, seasonal floral arrangements for weddings and events. Bulk blooms to full service design and install.

Location: 14805 Auburn Rd, Grass Valley CA 95949

Direct Sales: Flowers for weddings or special events as well

as bulk orders of nursery starts.

Grocery Stores: BriarPatch Co-op Community Market

Restaurants: Three Forks Bakery & Brewing Co.

info@sweetrootsfarm.com

www.sweetrootsfarm.com

The Porter House Ranch / South County (916) 295-8476



The Porter House Ranch is a small intimate farm that has a passion for amazing, clean food. We grow a variety of Spring and Summer crops and have a small orchard. We grow pumpkins and other winter squash for Fall. Our chickens are spoiled and we specialize in soy/corn free eggs. We

are a woman owned business.

Direct Sales: Deliver door to door within 20 mile radius with a \$20 minimum.

Restaurants: Matteo's Public, Open Rice Kitchen (Davis).

Theporterhouseranch@gmail.com

The Woolman Farm / Newtown/Bitney Springs

530-510-3467



A beautiful 1 acre garden set on the Woolman Semester School Campus at Sierra Friends Center. Growing several varieties of berries and diversified vegetables for restaurants and the nearby community. We also manage an orchard onsite with apples, pears and plums. Our flock of sheep help maintain the orchard and surrounding pasture.

Location: 13075 Woolman Lane, Nevada City

Farm Stand: On the farm. Call for details.

U Pick: On the farm. Call for details.

Grocery Stores: Briar Patch Co-op Community Market

Restaurants: Summer Thyme's Bakery & Deli, Three Forks Bakery and Brewing Co., Jernigan's Tap House & Grill, Roost, The Stonehouse

Other: Sierra Friends Center Summer Camp, Camp Augusta
woolmanfarm@gmail.com

Thyme & Thyme Again Herb Farm / South County

530-268-0767



Sustainably farmed vegetables, herbs, nursery products and cut flowers, including a selection of heirloom Italian vegetables.

Location: 17066 Saddleback Lane, Grass Valley

Direct Sales: By appointment at the farm, call for informa-

tion and availability.

Farmers Market: North Star Farmers Market on Saturday, Penn Valley Farmers Market on Thursday

jcherbfarm@aol.com

FARMS CONTINUED

Tres Jolie Lavender Farm / South County

530-346-6291



We are a small family owned lavender farm nestled in the Sierra Foothills. It is our mission to bring you the purest lavender and lavender products. We do not use pesticides and all our lavender is harvested by hand. Fresh cut lavender, dried lavender bouquets, lavender buds, distilled lavender essential oil, lotions, linen spray, soaps, and sachets. Please feel free to call us with any special requests.

Location: 13956 Sierra View Drive, Grass Valley

Onsite: special onsite events TBD - please call

Direct Sales: Call to make an appointment

Farmers Market: North Star Farmers Market

Other: Tess' Kitchen Store

christine@tresjolielavenderfarm.com

www.tresjolielavender.com

Willow Valley Christmas Tree Farm / Nevada City

530-913-5265



Choose and cut home-grown Douglas fir, white fir, California red fir (silvertips) and giant sequoia Christmas trees. Fresh-cut Silvertips (weather dependent).

Location: 10642 Willow Valley Road, Nevada City

U Pick: Choose and cut. Open Friday, Saturday and Sunday starting the day after Thanksgiving.

Grocery Stores: Bonanza Market, SPD Market NC, SPD Market GV

Other: Peaceful Valley Farm & Garden Supply

karenjonesschimke@live.com



Weekly Farm Boxes

Veggies

\$21-30/week

Fruits

\$15-20/week

Flowers

\$20-21/week



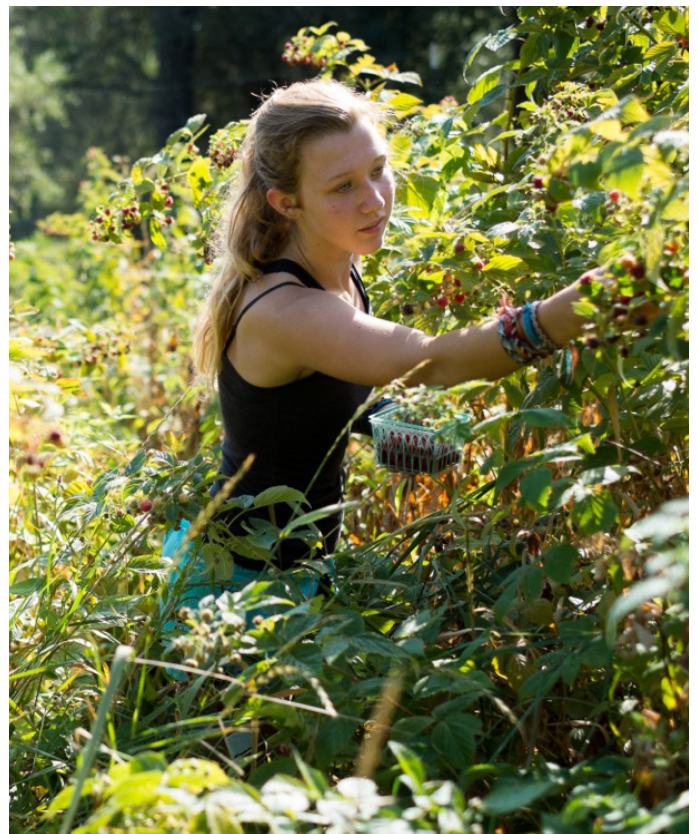
Weekly pickups throughout Nevada City, Grass Valley, San Juan Ridge, Penn Valley, Truckee, Tahoe, and Reno.

Join anytime, year-round.

MountainBountyFarm.com

(530) 292-3776





TOP LEFT: FOG DOG FARM TOP RIGHT: LAUGHING OAK FARM BY HAZEL MOON PHOTOGRAPHY BOTTOM LEFT: MOUNTAIN BOUNTY FARM BY INGRID NELSON BOTTOM RIGHT: THE WOOLMAN FARM, COURTESY OF SIERRA HARVEST

RANCHES

AM Ranch / Penn Valley

530-432-8917



AM Ranch is a family owned and operated ranch. At AM Ranch we believe in using our animals and land together to create a sustainable and thriving environment. We raise beef, pork, and eggs. Our beef is grass fed and grass finished. All of our pigs and chickens are out on pasture and supplemented with a non-GMO feed.

Location: 12990 Spenceville Road, Penn Valley
Direct Sales: By Appointment only
CSA: AM Ranch winter CSA
Farmers Market: Nevada City Farmers Market
Restaurants: Three Forks Bakery & Brewing Co.
amranchciara@gmail.com

Barhydt Ranch / South County

530-268-2060

We raise happy, healthy beef cattle on our ranch in South County. We sell weaned calves raised on pasture and without antibiotics or hormones. Our cattle are Angus crossbreds. We also sell a few steers finished each year.

Location: 23029 Meyer Ravine Road, Grass Valley, CA
Onsite: by appointment
Lbarhydt@yahoo.com

Blue Oaks Ranch / South County

530-273-4699

Blue Oaks Ranch sells top-quality breeding stock and advocates for small acreage farmers who wish to raise their own food; Lowline Cattle, Katahdin Sheep, Nubian Dairy Goats, and Friesian Dairy Sheep, as well as the loyal and adorable guardian dogs to help protect your investment - Great Pyrenees. We are available for ranch tours, overnight guests through AirBnB, and offer cheese making classes

throughout the year.
Location: 18149 Mustang Valley Place, Grass Valley, CA 95949
Onsite: AirBnB, Farm Tours, Cheese classes Direct
blueoaksranch.ca@gmail.com
www.blueoaksranch.org

Dipper Valley Ranch / Nevada City

530-265-8828

The Dipper Valley Ranch was established in 1863 by Jacob Peter Arbogast. It has always been a diverse operation from mining, timber, alpacas, dairy, various fruit trees, chestnuts and vegetable gardens. Today we have a natural beef operation, firewood and chestnuts production by pre orders only. We are a small operation continuing a few of

the Arbogast Davies family traditions.
Location: 18109 Rock Creek Road, Nevada City
Direct Sales: by appointment via phone or email as products are seasonal
dippervalleyranch@sbcglobal.net

Heart & Soul Alpacas and Spinnery / Penn Valley

530-559-7223



We raise, show and sell breeding suri and huacaya alpacas. We own a fiber mill that processes fleece to yarn and everything in between. We process fleece for alpaca and llama farms throughout the country as well as that of our own animals. We also operate a seasonal store featuring products from our alpacas, made in our mill. We cultivate

and sell alpaca compost free of antibiotics.
Location: 14514 Oak Meadow Rd, Penn Valley, CA 95946
Ranch Store: Seasonal. Check website.
Other: Events. Check website for information.
heartandsoulspinnery@gmail.com
heartandsoulspinnery.com



Heronview Fiber Ranch / Newtown/Bitney Springs

530-272-4994

Our ranch's herd of sheep, pygora and cashmere goats are sustainably raised in green pastures outside of Nevada City. We sell fleeces, rovings suitable for spinning or felting and handspun yarn. We also offer knitted and woven products such as shawls, scarves, hats, runners and rugs. All can be

customized for choice of color, size and type of fiber.

Location: Call for directions.

Direct Sales: Call for appointment and directions.

heronviewranch@sbcglobal.net

Lazy Valley Ranch / Penn Valley

530-432-2234



Blueberries and blackberries. We do not use pesticides, only organic approved sprays and fertilizers. We sell whole live calves, raised on mother's milk and grass without antibiotics or hormones, at 6 months of age. Call for information.

Location: 10919 Lazy Valley Road, Penn Valley, CA 95946-9619

Farm Stand: Open 9am - 5pm

Sunday-Thursday Cash or check orders only.

U Pick: U-pick by appointment 8:30am-4pm. Call 530-432-2234 or 530-210-6822. Blueberry season: June-July

Blackberry season: August

Ranch Store: Blueberry Barn Store open 9am-5pm, Sunday-Thurs, closed Fridays and Saturdays. Season begins around June 6th. Look for signs at the end of Lazy Valley Road when we are open.

Grocery Stores: BriarPatch Co-op Community Market, Mother Truckers, Natural Selection

Restaurants: BriarPatch Deli

Other: Weiss Bros. Nursery, Quality Natural Health

lazyvalleyrancho@aol.com

Legacy Ranching / South County

530-708-0590



At Legacy Ranching our love and respect for the land combined with our use of holistic management creates a thriving landscape. Our grass fed beef and lamb raised on nutrient dense pastures is unparalleled. Our pigs are pasture raised and fed non-GMO, soy free feed. Come taste the Legacy Ranching difference.

Direct Sales: Contact for information.

Farmers Market: Saturdays at Nevada City Farmers Market and North Star Farmers Market

Restaurants: Three Forks Bakery & Brewing Co.,

legacyranching@gmail.com

www.LegacyRanching.net

Nevada County Free Range Beef / Newtown/Bitney Springs

530-273-1025



Pasture raised grass-fed, grass-finished beef raised on naturally fertilized, irrigated pasture in Nevada County and surrounding area without added hormones or antibiotics. Nevada County Free Range Beef works in cooperation with local ranchers and with local stores, restaurants and caterers to keep fresh, locally raised grass-finished beef available for our community.

Direct Sales: Individual beef orders from the ranch, USDA inspected, packed and processed, whole, half, quarter or eighth. Ranch pickup and delivery to pick-up points in Reno, Truckee, Lincoln and Grass Valley area. Call for information.

Grocery Stores: BriarPatch Co-op Community Market, SPD Market NC, SPD Market GV, Mother Truckers, Natural Selection, Cedar Ridge Country Store, New Moon Natural Foods

Restaurants: Diego's, Happy Apple Kitchen, JT Basque Bar & Dining Room, Peterson's Corner, Summer Thyme's Bakery & Deli, Valentina's Organic Bistro & Bakery

Other: Summer Thyme's Catering, Polly's Paladar Supper Club, Emily's Catering, Comptonville School, Camp Woolman, Camp Augusta.

info@NevadaCountyFreeRangeBeef.com

www.NevadaCountyFreeRangeBeef.com

RANCHES CONTINUED

Robinson's Indian Springs Ranch / Penn Valley

530-432-2456

We raise our own beef and have wonderful grass fed, hormone and antibiotic-free feeder cattle for sale. Both steers and heifers are available in May-June and Oct-Nov. Please call to reserve.

Location: 12306 Spenceville Road, Penn Valley
Direct Sales: We sell direct from our farm by appointment. Call for information.
rwhoek@sbcglobal.net

Sierra Rose Alpacas / Grass Valley

530-272-1218

We sell Alpacas and alpaca products such as yarn, locally knit alpaca wear, alpaca rugs, and socks. We have raw fleece, and fleece for spinners and fiber arts. Check our website for open farm day events.

Location: 15895 Greenhorn Rd., Grass Valley

Direct Sales: Ranch store on site. Call for an appointment.
Other: Regional yarn stores. See website for details
cynthia@sierrarosealpacas.com
www.sierrarosealpacas.com

Tanglewood Ranch / Grass Valley

530-271-2023



We raise registered Kune Kune grazing pigs, Dexter cattle, and have organic free range eggs for sale. We also have a variety of seasonal fruits and vegetables for sale.

Location: 17360 Friendly Valley Place, Grass Valley, CA 95949

U Pick: Seasonal fruits and vegetables
Direct Sales: Call for information.
tanglewoodranch@aol.com
www.tanglewood-ranch.com

The James Ranch / Penn Valley

530-615-1636



We grow beautiful grass-fed lamb. We are the Columbel family who, in 1981, began the journey back to sourcing local food for local communities. Our 'farmstead flock' is uniquely adapted to the habitat of these 200 acres of Sierra foothills. We sell only our lambs that are born from our sustainable and thriving sheep flock.

Location: 21347 Bald Ridge Drive, Penn Valley

Direct Sales: Delivery or pick-up by arrangement for retail

and private. Check website for availability. Customers can come to the ranch for their lamb or we will meet in town at the customer's convenience.

Farmers Market: North Star Farmers Markets on Saturday
Restaurants: Ike's Quarter Cafe, New Moon Cafe, The Stonehouse, Twelve 28 Kitchen
lamb@thejamesranch.com
www.thejamesranch.com

Tryon Cattle Ranch / South County

530-268-1239

Pasture fed beef, raised without hormones, steroids or pesticides. Young calves sold privately and to 4H and FFA.

Location: 17888 East Bald Hill Road, Grass Valley

Direct Sales: Call for information and to reserve.
tryonjt@aol.com

Wild Oaks Ranch / Grass Valley

530-913-9763

Here at Wild Oaks Ranch we specialize in raising free range, heritage breed pigs that are supplemented with non-GMO feed. Our happy pigs get to roam and root freely all day long. We offer a large variety of USDA certified pork products. We sell whole, half, quarter or individual pork cuts. We can also provide smaller whole pigs for roasting.

If you are interested in raising your own pigs, we have quality weaners available. Be sure to order a dozen of our free range chicken eggs with your pork order!

Direct Sales: By appointment only. Call for details. We will deliver orders locally with minimum purchase of \$25
wildoaksranch17@gmail.com



Happy Hour
Sun - Wed
2:30 - 5:30pm

Lunch
Dinner
Catering Options

South American Inspired Cuisine



"We operate with love, gratitude and a professional personal touch. We enjoy providing a colorful, comfortable setting where our guests are able to create and share memorable experiences together." June and Diane, owners

We live and cook by the seasons

We consciously choose natural ingredients that are friendly to the environment. This includes free-range, grass-fed, sustainably-raised proteins and locally grown organic produce.



SPRING

The Earth is Waking
Days are Longer
Take Walks in the Rain
Enjoy spring veggies & fruit:
asparagus, radishes,
strawberries, apricots
and fresh herbs

SUMMER



Long Lazy Warm Days
Sip Cool Drinks
Linger on our Patio
Go to the River
Enjoy summer veggies & fruit:
bell peppers, tomatoes,
melons and berries

FALL



Harvest Time
Days are Shorter
Grab your Sweater
Veggie & Fruit Galore:
pumpkin, carrots, zucchini,
peaches, apples, pears
and grapes

WINTER



Cold Days and Nights
Build that Fire
Go play in the Snow
The Perfect Soup
Enjoy winter veggies & fruit:
brussel sprouts, winter squash
oranges, persimmons

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WINERIES

Avanguardia Wines / Newtown/Bitney Springs

530-274-9482



Twenty plus grape varieties, many imported especially for us by UC Davis. We put an emphasis on non traditional blended wines such as the favorites Premiato - blend of Barbera and Dolcetto and Cristallo - 85% Georgian ancient grapes mixed with a few French

Our tasting room has been moved to 163 Mill Street in historic down town Grass Valley (next to the Del Oro theater)

Winery: Saturday & Sunday 12-5pm - 13028 Jones Bar Rd,

Nevada City. Barrel tastings and tank samples available.

Tasting Room: Wednesday through Sunday 12-5 pm, staying open until 6 on Fri and Sat. 163 Mill Street, Grass Valley

Grocery Stores: SPD Market NC, SPD Market GV, BriarPatch Co-op Community Market

Restaurants: Kaido Sushi, Tofanelli, Cirino's at Main Street
avanguardiaiwines@gmail.com

www.avanguardiaiwines.com

Double Oak Vineyards & Winery / San Juan Ridge

530-292-3235



A family farm and artisan winery dedicated to sustainable, nature-friendly practices from the vineyard to the winery. Growing wine grapes since 1982 on beautiful Sierra ridge-top vineyards. Producing fine wines, full bodied, well-balanced & complex. Chardonnay, Rosé, Zinfandel, Cabernet Sauvignon, Merlot, and Late Harvest Zinfandel.

Location: 14510 Blind Shady Road, Nevada City. Check website for map.

Winery: See the winery when you visit the tasting room.

Tasting Room: We welcome visitors for wine tasting and sales, picnicking, and winery/vineyard tours. We also have fine art and photography by local artists and wine-related merchandise. We are dog friendly. Open Saturdays 11-5 pm, February-December, and by appointment.

Direct Sales: From the winery tasting room, website, email

or phone.

Grocery Stores: Bigley's Market, BriarPatch Co-op Community Market, Mother Truckers, Rainbow Market, Sierra Market Colfax, Sierra Energy NSJ, Sierra Energy PV, Sierra Energy Colfax, SPD Market NC, SPD Market GV, SaveMart GV, SaveMart Auburn, Newcastle Market, New Earth Market YC.

Restaurants: Double Oak fine wine is available in several local restaurants in Nevada City and Grass Valley.

Other: Double Oak Wine Club: Members get assertive discounts on wine selections (including reserve & new release) and for events

info@doubleoakwinery.com

www.doubleoakwinery.com

Gray Pine Vineyard & Winery / Penn Valley

530-432-7045



We are a small, family-owned vineyard and winery specializing in Bordeaux varietals. Our red wines are handcrafted and estate grown, produced and bottled. We believe that fine wine is best enjoyed with fine meals and our winemaking focus is on balanced acid and tannins, in the classic Bordeaux style.

Also ask about our "wine club" for extra discounts. And don't miss our wine cave!

Location: 19396 Branding Iron Rd., Penn Valley, CA 95946

Tasting Room: Our winery tasting room is open most weekends 12:30-4:30pm. Check our website for exact days and hours. Also open by appointment for tours and tasting.

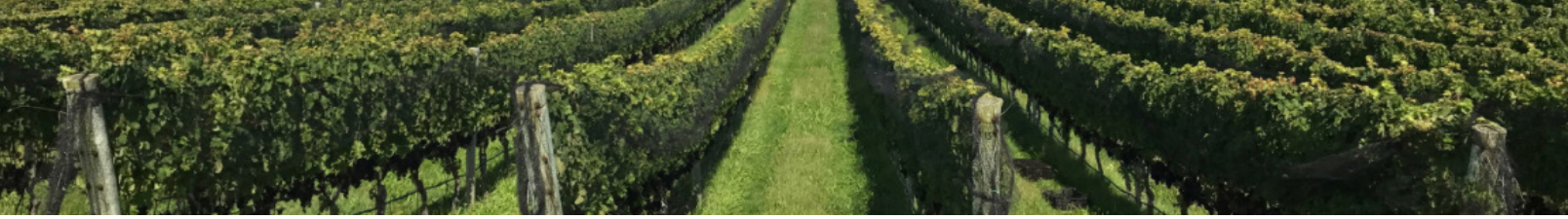
Direct Sales: From our tasting room

Grocery Stores: Holiday Market (PV), Briar Patch Co-op Community Market, SPD Market GV, SPD Market NC, New Earth Market Yuba City

Restaurants: Friar Tuck's, Matteo's Public, New Moon Cafe, Tofanelli's Gold Country Bistro, Casa Las Katarinas, Diego's, Three Forks Bakery & Brewing, Twelve 28 Kitchen, Thirsty Barrel Taphouse & Grille, Alloro Cucina Italiana, Lake Wildwood Clubhouse

mail@graypinewinery.com

GrayPineWinery.com



Lucchesi Vineyards & Winery / Grass Valley

530-273-1596



We sustainably grow quite a few wine grape varieties on the View Forever Vineyard Estate; the site has amazing exposure that allows the grapes to ripen to optimum levels. The soils are lean which creates super concentrated fruit. The combination of concentrated fruit with optimum ripeness enables us to craft wines of distinction that you are sure to enjoy!

Location: 19698 View Forever Lane, Grass Valley

Winery: 19698 View Forever Lane, Grass Valley Open daily

10 am-4 pm Appointments preferred

Tasting Room: 128 Mill Street, downtown Grass Valley.

Open Sunday - Thurs , 11 am-6 pm.

Fri & Sat 11-9

Grocery Stores: Found in local stores

Restaurants: Found in local restaurants

lucchesi.wine@gmail.com

www.lucchesivineyards.com

Smith Vineyard / Grass Valley

530-273-7032



Organically grown, four generations strong. Estate bottled Cabernet Sauvignon, Syrah, Primitivo, Chardonnay and Merlot. Certified organic by CCOF. Our Tasting room is located at 142 Mill St., Grass Valley. See our website for hours of operation.

Location: 142 Mill St, Grass Valley

Tasting Room: Tasting room at 142 Mill St., Grass Valley. See our website for hours of operation.

Direct Sales: Wine club, see website for details.

Grocery Stores: SPD Market NC, SPD Market GV, BriarPatch Co-op Community Market

taste@smithvineyard.com

www.smithvineyard.com



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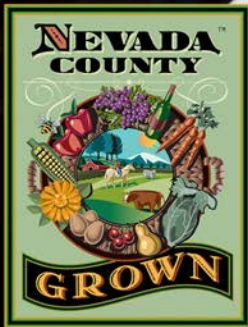
Sat 10am-7pm, Sun 10am-5pm

Full menu at fudenjuce.com



Bounty of the County LOCAL CHEF COMPETITION

Thursday, August 23, 2018



bountyofthecounty.net

A NIGHT OUT FOR FOODIES

GRASS VALLEY VETERANS MEMORIAL BUILDING, 5PM-9PM

Bounty of the County, Nevada County Grown's signature fundraising event and Epicureans' delight, is a Chef Competition that challenges local restaurants to create culinary masterpieces using ingredients provided by our local farmers and ranchers. Come enjoy an evening sampling fabulous food, sipping local wine and beer, listening/dancing to live music, bidding on silent auction items, and then casting a vote for your favorite chef!

Who will win "Best Local Chef" this year?

For tickets go to bountyofthecounty.net





PHOTOS BY LENKALAND PHOTOGRAPHY

2017 RESULTS

1st Place

TWELVE 28 KITCHEN

(2nd Year in a Row)

2nd Place

FALAFEL KIS

3rd Place

EMILY'S CATERING

2017 Participating Restaurants

Matteo's Public
 Three Forks Bakery and Brewing Co.
 Emily's Catering and Cakes
 Diego's
 Twelve 28 Kitchen
 Briar Patch Co-op
 Falafel Kis
 Kaliko's
 OI Republic Brewery
 Thirsty Barrel Tap house and Grill

2017 Participating Farms / Ranches

Bitney Springs Farm
 Early Bird Farm
 Starbright Acres
 AM Ranch
 Bakbraken Acres
 Mountain Bounty Farm
 Cosmic Roots Ranch
 Nevada County Free Range Beef
 Dawnridge Farm
 Son of Something Farm
 Bakwrd CP Mtn. Raised Poultry
 Indian Springs Organic Farm
 Laughing Oak Farm
 Sunrock Farm
 Fresh Starts Organic Farm
 Legacy Ranching
 The James Ranch
 Wheyward Girl Creamery

Farm Stands



BAKBRAKEN ACRES.....pg 28

Open Mondays and Thursdays 10 am-2 pm, July-October.
530-263-3607 joygirl9@sbcglobal.net

BAKWRD CP MTN. RAISED POULTRY .pg 28

Open every day. Call before pickup.
530-346-8646 ccbell813@gmail.com

BIERWAGEN'S DONNER

TRAIL FRUITpg 28

Produce market open June 1 through mid-September
Monday-Saturday 11-4. Seasonal vegetables and fruits,
eggs, flowers, jams preserves & more. Raised by us or
foraged as local as possible. 18532 Colfax Hwy.
530-273-4005 www.bierwagensfarm.com

BITNEY SPRINGS FARM.....pg 28

Check website for hours
530-432-3214 www.bitneyspringsfarm.com

BROADFORK FARM.....pg 29

Open 9 a.m. to 7 p.m. daily
530-648-0282 www.broadforkfarmers.com

CHAPMAN FAMILY FARM AT HARMONY VALLEY.....pg 29

Call for availability
530-575-5667 litfeet@yahoo.com

COSMIC ROOTS RANCH.....pg 30

Tuesday 10am-1pm, Thursday 4pm-7pm,
Saturday 10am-1pm
530-913-5401 www.cosmicrootsranch.com

FIRST RAIN FARM.....pg 31

On Farm location - 19832 Rector Rd., Nevada City
Wednesday 4 p.m. - 7 p.m. mid May through October
530-265-4515 www.firstrainfarm.com

GARDEN GODDESSES.....PG 32

By appointment only
831-277-3961 susan@gardengoddesses.org

JARDIN DEL RIO.....PG 33

Saturday-Sunday 10am-3pm, June-Sept. Located at 10024
Linnet Ln., next to Sierra Knolls Tasting Room. This is
now a CA certified Farmers Market.
530-906-5414 www.jardindelrio.org

LAUGHING OAK FARM.....PG 34

Hours at www.LaughingOakFarm.com
530-277-9798 www.laughingoakfarm.com

LAZY VALLEY RANCH.....PG 41

Open 9am - 4pm Sunday-Thursday, closed Fridays and
Saturdays. Season begins around June 6th. Look for signs
at the end of Lazy Valley Road when we are open. Cash or
check orders only.
530-432-2234 or 530-210-6822 lazyvalleyrancho@aol.
com

MCCLAUGHRY FARMS.....PG 34

McCourtney Road Pumpkin Patch, Bierwagen's Donner
Trail Fruit and Farm Market.
530-273-4869 www.mcclaughryfarms.com

RIVERHILL FARM.....PG 36

Every Wednesday 2-6 pm starting in June.
916-832-7463 www.riverhillfarm.com

STARBRIGHT ACRES FAMILY FARM...PG 36

Open self-serve during daylight hours, 7 days a week, year
round. Located at 12575 Polaris Dr., Grass Valley.
530-273-2513 www.starbrightacres@yahoo.com

THE WOOLMAN FARM.....PG 37

13075 Woolman Lane, Nevada City
530-510-3467 www.woolmanfarm@gmail.com



U-Pick Farms

BIERWAGEN'S DONNER

TRAIL FRUITPG 28

See our website for updates on current u-pick availability
on berries, apples and peaches.
530-477-5992 www.bierwagensfarm.com

BLUEBIRD FARM AND PERMACULTURE GARDEN..... PG 29

Raspberries July through September, as available. Send E-mail for details on days and times or to make an appointment.

530-292-0279 www.naturalcollaboration.com

CONE & HILL CHRISTMAS TREE FARM..... PG 29

Day after Thanksgiving-December 20, Friday-Sunday 10 am-5pm, or call for an appointment. Located at 21001 Cone and Hill Dr, Grass Valley.

530-559-2356 pugtastic2@gmail.com

LAZY VALLEY RANCH PG 41

U-pick by appointment 8:30am-4pm.

Blueberry season: June-July

Blackberry season: August

530-432-2234 or 530-210-6822 lazyvalleyrancho@aol.com

MEADOW ORCHARD PG 35

Open weekends in Sept & Oct for picking apples.

916-532-4741

RIVERHILL FARM PG 36

Every Wednesday 2-6 pm starting in May or June, as available. Also Sundays 8-10 am, as announced.

916-832-7463 www.riverhillfarm.com

SALUTE OLIVE OIL PG 36

Late season olives for curing

530-432-4340 pvglasguy@yahoo.com

TANGLEWOOD RANCH PG 42

Seasonal fruits and vegetables

530-271-2023 www.tanglewood-ranch.com

THE WOOLMAN FARM..... PG 37

13075 Woolman Lane, Nevada City

530-510-3467 www.woolmanfarm@gmail.com

WILLOW VALLEY CHRISTMAS TREE FARM..... PG 38

Choose and cut. Open Friday, Saturday and Sunday starting the day after Thanksgiving.

530-913-5265 karenjonesschimke@live.com



CSAs

AM RANCH..... PG 40

Winter CSA. Call for information.

530-432-8917 amranchciara@gmail.com

FIRST RAIN FARM PG 31

Goat herd share - see website for more information

530-265-4515 www.firstrainfarm.com

GREG'S ORGANICS PG 32

Offering tomato CSA starting July 29th!

530-205-5282 www.gregsorganics.com

LINDSAY FARM..... PG 34

CSA includes fruit, vegetables, herbs, teas, eggs and a free bouquet of flowers. May 31 - Oct 31. 2 times per month. \$30/basket. Delivery available. Register early! Pay as you go. No pre-payment required. Check website for hours

530-292-3079 www.lindsayfarm.com

MOUNTAIN BOUNTY FARM PG 35

Delivered to pick-up locations in Nevada City, Grass Valley, San Juan Ridge, Truckee, Tahoe City, Kings Beach, Incline Village, South Lake Tahoe and Reno.

530-292-3776 www.MountainBountyFarm.com

RIVERHILL FARM PG 36

Visit our website to learn about our Friend of the Farm card CSA, a flexible alternative to weekly subscription boxes.

916-832-7463 www.riverhillfarm.com

STARBRIGHT ACRES FAMILY FARM... PG 36

Farm Credit

530-273-2513 starbrightacres@yahoo.com



Restaurants

serving local food and wine

Blue Cow Deli

17500 Penn Valley Dr, Penn Valley
530-432-5500

BriarPatch Deli

290 Sierra College Dr, Grass Valley
530-272-5333

Caroline's Coffee Roasters

128 South Auburn St, Grass Valley
530-273-6424

Cirino's At Main Street

215 W Main St, Grass Valley
530-477-6000

Club 141

141 East Main St, Grass Valley
530-273-3600

Diego's

217 Colfax Ave, Grass Valley
530-477-1460

Elixart

408 Broad St, Nevada City
530-265-1901

Emily's Catering & Cakes

421 Colfax Hwy, Grass Valley
530-271-2253

Friar Tucks*

111 N Pine St, Nevada City
530-265-9093

Fudenjüce

815 Zion St, Nevada City
530-265-5282

Happy Apple Kitchen

18532 Colfax Hwy, Grass Valley
530-273-2822

Heartwood

237 Commercial St, Nevada City
530-470-6161

Ike's Quarter Cafe

401 Commercial St, Nevada City
530-265-6138

Java John's

306 Broad St, Nevada City
530-265-3653

Jernigan's Tap House & Grill

123 Argall Way, Nevada City
530-265-6999

Kaido Sushi*

207 W Main St, Grass Valley
530-274-0144

Kane's Restaurant*

129 East Main St, Grass Valley
530-273-8111

Matteo's Public

300 Commercial St, Nevada City
530-265-0782

New Moon Cafe

203 York St, Nevada City
530-265-6399

Peterson's Corner

26130 Hwy 49, Nevada City
530-292-3311

South Pine Café

102 Richardson St, Grass Valley
530-274-0261

South Pine Café

110 South Pine St, Nevada City
530-265-0260

Summer Thyme's Bakery & Deli

231 Colfax Ave, Grass Valley
530-273-2904

The Stone House

107 Sacramento St, Nevada City
530-265-5050

The Willo

16898 State Hwy 49, Nevada City
530-265-9902

Three Forks Bakery & Brewing Co.

211 Commercial St, Nevada City
530-210-1082

Tofanelli*

302 E Main St, Grass Valley
530-272-1468

Twelve 28 Kitchen

10118 Commercial Ave, Penn Valley
530-446-6534

Valentina's Organic Bistro & Bakery

841 Sutton Way, Grass Valley
530-272-4470

*Serving local wine only



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www.facebook.com/wildeypub/

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Grocery Stores



Bigley's Market*

29336 State Highway 49, North San Juan
530-292-3443

Bonanza Market*

321 Broad St, Nevada City
530-265-5274

BriarPatch Co-op Community Market

290 Sierra College Drive, Grass Valley
530-272-5333

California Organics

135 Argall Way, Nevada City
530-265-9392

Cedar Ridge Country Store

12738 Colfax Hwy, Cedar Ridge
530-273-6964

Cedar Ridge Y Market

13477 Colfax Hwy, Grass Valley
530-477-6047

Holiday Market (LOP)

10952 Combie Rd, Auburn
530-268-3051

Holiday Market (LWW)

11324 Pleasant Valley Rd, Penn Valley
530-432-0110

Mother Truckers

13224 Tyler Foote Crossing Rd,
Nevada City
530-292-3250

Natural Selection

589 East Main St, Grass Valley
530-272-8789

New Moon Natural Foods

11357 Donner Pass Rd, Truckee
530-587-7426

Rainbow Market*

16797 Highway 49, Nevada City
530-478-9777

Sierra Market*

575 S. Auburn St, Colfax
530-346-8338

SPD Market

129 W. McKnight Way, Grass Valley
530-272-5000

SPD Market

735 Zion St, Nevada City
530-265-4596

Spring Street Market

115 South Pine St, Nevada City
530-470-0166

*Selling local wine only



Specialty Stores

featuring local agricultural products

A to Z Supply

13396 Ridge Rd, Grass Valley
530-273-6608

Bierwagen's Farm Market

18532 Colfax Hwy, Grass Valley
530-273-4005

Dokimo's Pharmacy

640 East Main St, Grass Valley
530-274-0100

Elegant Salvage

16282 Mount Olive Rd, Grass Valley
530-272-6500

Forever Flowering Nursery

15386 Little Valley Rd, Grass Valley
530-273-5483

HAALo

412 Commercial St, Nevada City
530-265-8804

J.J. Jackson's

244 Commercial St, Nevada City
530-265-2644

Peaceful Valley Farm & Garden Supply

125 Clydesdale Ct, Grass Valley
530-272-4769

Quality Natural Health

101 Argall Way, Nevada City
530-265-4475

S.O.A.P.

104 Argall Way, Nevada City
530-265-2210

Sweetland Garden Supply

29435 State Hwy 49, North San Juan
530-292-9000

Tess' Kitchen Store

115 Mill St, Grass Valley
530-273-6997

Treats Ice Cream

210 Main St, Nevada City
530-913-5819

Vintage Menagerie

152 S Auburn St, Grass Valley
530-273-1967

Weiss Bros. Nursery

615 Maltman Drive, Grass Valley
530-273-5814




20 BY 25!

LOCAL FOOD POLICY IN ACTION

This short article about the Nevada County Food Policy Council (NCFPC) sits on a page in this 2018 Food and Farm Guide, surrounded by local farmers and ranchers - exactly where it belongs. The NCFPC was founded in 2015 to bring together farmers and food stores, ranchers and restaurants, agencies and individuals, non-profits and families to map existing food systems and to outline the food system they would like to see. Sierra Harvest convened the group with the hope that, sitting around the same table, members could learn about and support efforts to strengthen local agriculture and encourage local families to increase their consumption of healthy foods. The goal is to have 20% whole-sum food in their diets by 2025.

Whole-sum food encompasses food grown locally for local consumption and community-based purchasing policies in food stores to drive ecologically-sound growing practices. In addition, the whole-sum food definition focuses on agriculture and business practices that are fair to all links in the food chain and where animals are raised humanely. That definition of whole-sum food makes for a tall order, but this is a county which demonstrates, every day, a concern for farming and ranching, for people and for animals - and where a vibrant local food culture is already emerging.

Fifty-five organizations have been invited to participate in the Food Policy Council; many of these members have been working together since its founding. They have mapped existing and future food systems, developed a clear vision about the future, and are now engaged in identifying specific opportunities towards which the Council can direct its attention, like agricultural infrastructure and policy. Food is fundamental to our lives and influences much of the world around us: our economy, our jobs, our landscape and soils, and our health. The Nevada County Food Policy Council goal, "20 by 25!" is intended to focus the efforts of the approximately 100,000 people in Nevada County on one important goal:

Where do you get your food? 

If you have a stake in the food system and want to see local agriculture play an even stronger role in our lives, please join us. Contact The Food Policy Council through Sierra Harvest at (530) 265-2343 or Catherine Williford at (208) 869-6976.

Love the food
Trust the source
Share the fun



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Meat and Seafood 8am - 8pm
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Grass Valley, CA 95945

BriarPatch.coop



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Healthy Soil

Dust



PHOTO BY KISS THE GROUND

FOOD FROM SOIL NOT DIRT

BY DEBBIE GIBBS

At Sierra Harvest's Sustainable Food and Farm Conference, Sebastopol farmers from Singing Frogs Farm spoke to a packed house on their success in using regenerative agriculture methods.

In previous years, Jean Martin Fortier from Quebec and Gabe Brown from North Dakota spoke at the conference about similar successes on their farms.

These are the pioneers in a national movement, and their innovation is encouraging local farmers in Nevada County like Kristen Draz and Will Holland of Fog Dog Farm, grain farming pioneer Reed Hamilton of Grass Valley Grains, and Rough & Ready

farmer Autumn Barr from Laughing Oak Farm.

SOIL OR DIRT?

There are more organisms in a handful of soil than all the people who have ever lived on earth. These organisms contribute to the fertile soil needed for a healthy and abundant food supply.

Yet, the current conventional farming system is degenerating soil. If current rates of degradation continue, all of the world's topsoil could be gone within 60 years, a senior UN official said. It will merely be lifeless dirt.

But lifeless dirt is not inevitable. The Food and Agriculture Organization of the United Nations reports that "Many management practices used by organic agriculture (e.g. minimum tillage, returning crop residues to the soil, the use of cover crops and rotations, and the greater integration of nitrogen-fixing legumes), increase the return of carbon to the soil, raising productivity and favoring carbon storage. A number of studies revealed that soil organic carbon contents under organic farming are considerably higher than that found under non-organic farming "

Farmers and environmentalists are excited about using regenerative

agriculture to rebuild the degraded soil and capture carbon that is contributing to global warming.

In a June 2017 EcoWatch article, Michael Pollan, an influential writer on food and farming said “Regenerative agriculture can help capture the carbon and water needed by our soil. Besides taking large amounts of carbon out of the air—tons of it per acre when grasslands [or cropland] are properly managed ... that process at the same time adds to the land’s fertility and its capacity to hold water. Which means more and better food for us...”

Here is a snapshot of how some of our Nevada County farmers have applied regenerative methods.

FOG DOG FARM

With a background working on conventional organic farms, Kristen Draz and Will Holland are now in their third year as regenerative farmers coaxing impressive volumes of a diversity of vegetables from small acreage. Draz says, “challenging is exciting.” The young farmers are drawn to less expensive, low or no mechanization methods that allow them to work without hired help.

Today, they lease land on the San Juan Ridge once farmed by organic farming pioneer “Amigo” Bob Cantisano. They broad forked a one-acre plot and planted cover crops when they couldn’t find a reliable source for high-quality and affordable compost. They now build their own compost piles with vegetable material cut from spent beds and other carbonaceous material they can source.

“The game changer was our use of silage tarp,” said Draz.



If current rates of degradation continue, all of the world’s topsoil could be gone within 60 years.



They flail mow the cover crop then cover it with resistant plastic tarp to hasten decomposition, deplete the weed seed bank, and protect the soil. Using this system for six soil beds at a time, the process takes two months in winter and two weeks in summer. The end result produces high quality soil ready for transplants waiting in their greenhouse.

Inside three long hoop houses resembling caterpillars, the farmers plant in the ground to extend the growing season. Plastic keeps plants warm in cool weather and shade cloth keeps the plants cool in summer months. Three to four different crops grow in each bed. Bok choy or radishes are intercropped with tomatoes; lettuce is intercropped with brassicas like broccoli and cauliflower.

Draz is pleased with the results of last year's production and anticipates good results for this year's growing season. Most of all, she is thrilled with the improvements to the health of the soil, now teeming with earthworms and a "life of its own."

Look for Fog Dog Farm products at the Nevada City Farmer's Market, Tahoe Food Hub, New Moon and Three Forks Bakery and Brewery Company.

LAUGHING OAK FARM

Autumn Barr's journey with regenerative farming has been a series of hard-learned lessons, yet she never doubted that this was the type of farming for her.

"Traditional tillage-based farming seemed destructive," she said. Barr, a young mother, has studied with experts like Elaine Ingham and Singing Frogs Farm.

When she started farming her 5.2 acres farm in Rough and Ready, it consisted of hard red clay and large patches of Bermuda and Johnson grass. Initially, she rototilled three-fourths of an acre and planted a cover crop.

"I wish I hadn't have done that!" she regrets. The rototiller divided the Bermuda and Johnson grass rhizomes, multiplying these invasive perennial weeds exponentially.

Next, she used a Hugelkultur composting process on her perimeter beds by digging trenches, filling the trenches with wood branches and then covering with soil. As the wood decomposes it becomes sponge-like and is able to hold more moisture, supporting plants and soil life even in dry summers. In hindsight, Barr would have built the beds on top of the soil.

This year, her plan is to cover the field with silage tarps for a couple months to smother the weeds. She built beds out of compost and created paths covered with woodchips without disrupting the native soil below. A silage tarp will cover beds until it is time to transplant from the hoop houses. Ideally, succession planting throughout the season will provide constant leaf cover over the soil, discouraging weed growth and maintaining a productive soil biome.

The goal is to minimize soil disturbance as well as labor, while producing a healthier product.

Barr sources raw material from mul-

The goal is to minimize soil disturbance as well as labor, while producing a healthier product.

multiple sources within two-miles from her farm as she continues to increase biodynamic compost production.

This year, look for flower bouquets, greens and beets from Laughing Oak Farm at BriarPatch Co-op.

GRASS VALLEY GRAINS

After struggling to keep up with increasing weed pressure, drought and rain-induced crop failures, organic grain farmer Reed Hamilton was ready to try a new approach. A committed environmentalist, Hamilton searched for an organic remedy that would build soil resilience resulting in a better crop.


This year, Hamilton was awarded a Federal Conservation Stewardship Program Grant funded by the U.S. Department of Agriculture (USDA) National Resource Conservation Service (NRCS) to provide some financial and technical help. He developed a conservation plan with NRCS that includes recording baseline information about soil types, soil aggregation, water infiltration, worm count, and carbon dioxide emissions. Each year, NRCS will bring specialized equipment to his property and retest to measure results. Then, Hamilton tests the soil's fertility.

Hamilton applies his no-till, no chemical methods on 54 acres in Wheatland. This year, he planted 9 acres of rye, and 16 acres in cover crop. Over the next four years, he will rotate the rye and cover crop fields.

Using regenerative practices and a scientific approach, the USDA and Hamilton hope to gain valuable data to better understand impacts on the soil quality and crop yields.

For information on purchasing rye from Grass Valley Grains, contact Reed Hamilton at grassvalleygrains@gmail.com.”

THE FUTURE?

Rodale Institute, with a 100 year legacy in organic farming, is leading the Regenerative Organic Certification. This new cooperative venture of farmers, ranchers, nonprofits, scientists, and brands, will launch a certification that builds on the current Organic Certification. The goals are to increase soil organic matter over time, improve animal welfare, provide economic stability and fairness for farmers, ranchers, and workers, and create resilient regional ecosystems and communities. 

For more information go to rodaleinstitute.org

Debbie Gibbs is the past president of Nevada County Grown and an ongoing advocate for climate-friendly agriculture.

What YOU can do as a back yard gardener or farmer to protect our soils.

Minimize Soil Disturbance

Tilling or turning over the soil destroys the many organisms that reside underground that support healthy soil and grow nutritious food.

Keep the Soil Covered

Plant cover permits photosynthesis to absorb carbon and the plants feed the soil biome underground. Mulches or tarps are also useful to protect the bare soil.

Avoid adding anything that kills soil biology

Products that are toxic or harmful to the environment in any way should not be used. Maintain a biodiversity of insects and plants by mimicking Mother Nature.

“Practice” Farming

Each plot of land is unique with its micro-climate, soil conditions and surrounding environment. A regenerative farmer diagnoses and customizes his practices to best suit his/her land.

Rebuild the soil “bank account”

Add compost; plant cover crops; build organic matter. Soil is a farmer's most important asset.

EATING LOCAL MEANS

PRODUCT	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Arugula												
Asian Greens												
Beans, Dry												
Beans, Green												
Beans, Fava												
Beets												
Broccoli												
Cabbage, Green												
Cabbage, Red												
Cabbage, Chinese												
Carrots												
Cauliflower												
Celery												
Chard												
Chicories												
Collards												
Corn, Sweet												
Cucumbers												
Eggplant												
Fennel												
Garlic												
Kale												
Kohlrabi												
Leeks												
Lettuce												
Mustard												
Okra												
Onions, Sweet												
Onions, Storage												
Onions, Green												
Parsnip												
Peas												
Peppers, Green												
Peppers, Sweet												
Peppers, Hot												
Potatoes												
Pumpkin												
Radish												
Rhubarb												
Rutabaga												
Salad Greens												
Shallots												
Spinach												
Squash, Summer												
Squash, Winter												
Sweet Potato												
Tomato												
Tomatillo												
Turnip, Salad												
Turnip, Roasting												

EATING *Seasonal*

PRODUCT	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Basil												
Chives												
Cilantro												
Dill												
Lavender												
Mint												
Oregano												
Parsley												
Rosemary												
Sage												
Tarragon												
Thyme												
PRODUCT	JAN	FEB	MAR	APR	MAY	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC
Apple												
Apricot												
Blackberry												
Blueberry												
Cherry												
Figs												
Kiwis												
Lemon												
Mandarin												
Melon												
Nectarines												
Orange												
Peach												
Pear												
Persimmon												
Plum												
Quince												
Raspberry												
Strawberry												
Eggs												
Beef												
Pork												
Lamb												
Goat												
Chicken												
Rabbit												
Mushrooms												

* This is an approximate list. Crop availability may vary depending on weather and pest pressure.

* This list does not account for farmers practicing season extension using high tunnels.

FARMERS

GET HELP EXTENDING YOUR GROWING SEASON

BY CHRIS RICCIO



Did you know that there's a US Department of Agriculture (USDA) program for farmers to help them extend their growing season? It is called the Seasonal High Tunnel Cost Share Program and is available through our local Grass Valley Natural Resource Conservation Service (NRCS).

Founded in 1935 as a solution to the growing conservation problems that contributed to the dust bowl – the NRCS has been a pioneer in conservation, working with landowners, local and state governments, and other federal agencies to maintain healthy and productive working landscapes.

A high tunnel system, commonly called a “hoop house,” is an increasingly popular conservation practice for farmers and is available with financial assistance through the NRCS.

High tunnel systems can:

- **Extend the growing season**
- **Improve plant and soil quality**
- **Provide less crop loss from pests, diseases and adverse weather conditions**
- **Improve local food deserts (areas lacking fresh produce)**
- **Make economic and environmental sense by increasing locally sourced food**



The application process for the High Tunnel Cost Share Program is straight forward and the staff at our local NRCS office are eager to help. A farmer

- **Must be actively producing an agricultural product (vegetables, herbs, fruit, flowers, etc.)**
- **Must establish records with the Farm Service Agency (FSA) and complete an application**

Applications are accepted on a continual basis throughout the year. Funding is based on the size of the structure in square feet and there is no minimum or maximum size. Once the high tunnel is fully constructed the approved applicant will receive reimbursement for it within 2-6 weeks. Eligible applicants may receive \$2.64 - \$3.65 per square foot. (2018 rates: square foot and maximum amounts subject to change with new cost lists) The high tunnel structure and its usage does, however, need to meet specific NRCS requirements.

- **It must be a manufactured kit constructed of metal, wood, or durable plastic**
- **It must be at least 6 feet in height at the peak of the structure, and be covered with a minimum 6-mil greenhouse grade, UV resistant plastic**
- **Plants must be grown in the soil or in raised beds not more than 12” deep.**
- **The structure must be maintained for a lifespan of 4 years**

We are fortunate to have several local options in Nevada County for sourcing high tunnels that meet the NRCS requirements, thereby keeping the money in our community.

To find out more about the High Tunnel Cost Share Program or to get assistance with the application process, stop by our local NRCS office at 113 Presley Way, Suite 1, Grass Valley, or call (530) 272-3417 ext. 3. The helpful staff will get you started on the path to extending the growing season on your farm. More local produce means better local economics, health, and environment! 🌱

Chris Riccio is the owner of Bitney Springs Farm and an advisor to Nevada County Grown.

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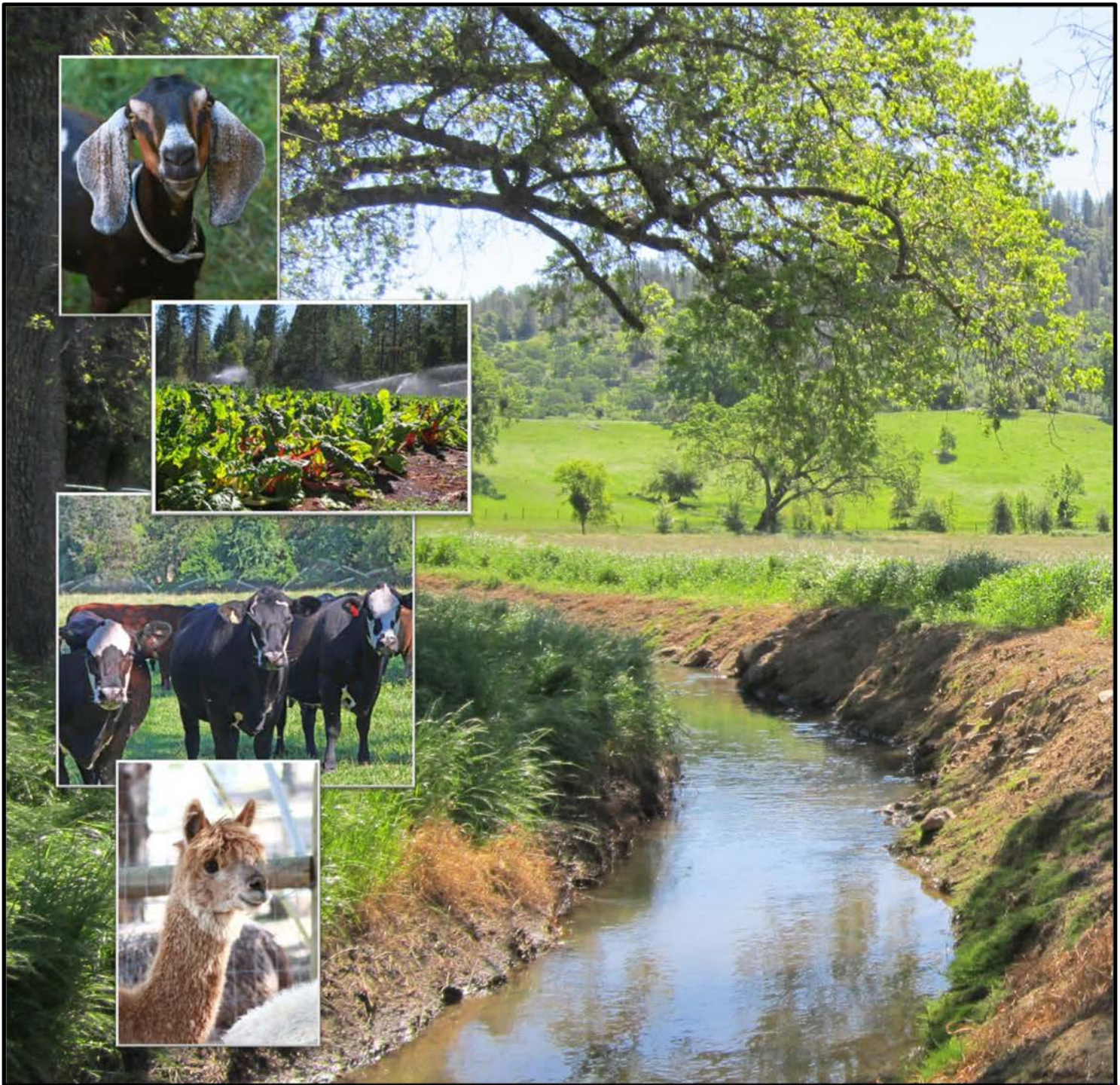
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